

GYMNASTICS

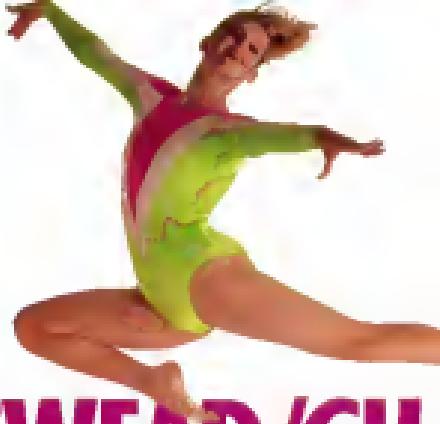


**OLYMPIC
FESTIVAL
CHAMPIONS**

SHELLEY ENGEL
& JAIR LYNCH

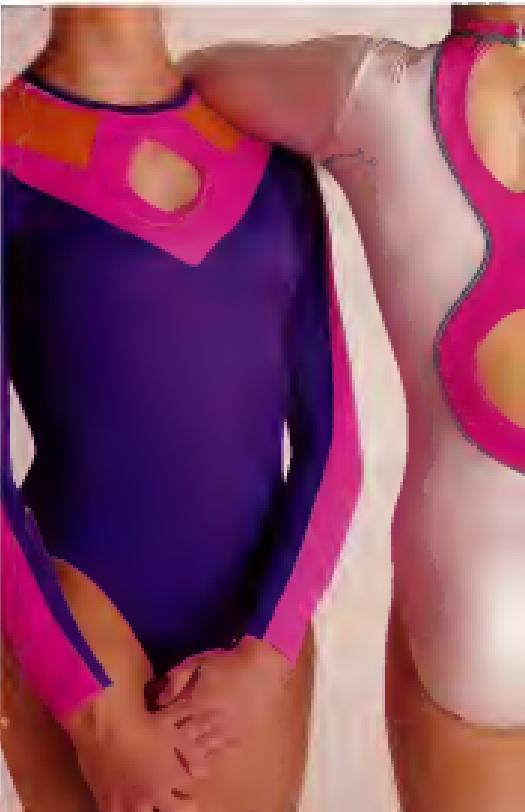
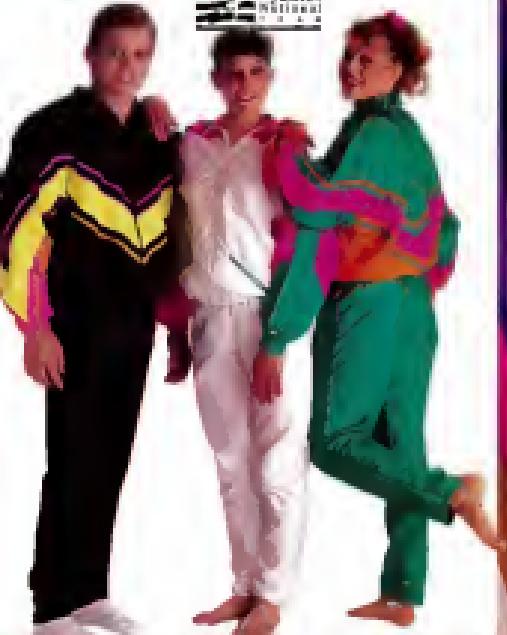


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RESULTS SECTION

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U.S. OLYMPIC FESTIVAL '91

The U.S. Olympic Festival has become America's foremost amateur sports showcase. The nation's finest athletes gathered in Los Angeles, Calif., from July 12-21 to compete in this year's event. Shelley Engol, Jair Lynch and Jennifer Lovell became the U.S. Olympic Festival champions for men, women and rhythmic gymnastics 20

TALENT "ANNE" CONCENTRATION

Anne Wojnerowska made gymnastics history at the 1991 U.S. Championships by performing an innovative vault—layout Yurchenko with one and one half twists. Wojnerowska also became the 1991 Junior National Champion. Her secret to success is concentration. Wojnerowska's goal is to make the 1992 Olympic Team 46



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Champion South Team's Lorna Apaksook, Heidi Hornebeck, Li Li Luong, Kim Beauregard, Denise Flores and Kristin Duff

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(USA-Gymnastics) is the sole publication financially held \$10 per year or the 1/2% of either countries \$10 per year. USA-GYMNASICS is published by the United States Gymnastics Federation, Five Avenue Plaza, 2215 N. Capital Ave., Suite 200, Indianapolis, Indiana 46204. Second class postage paid at Indianapolis, IN 46204 and additional mailing offices. POSTMASTER: Send address changes to USA-GYMNASICS, 2215 N. Capital Ave., Suite 200, Indianapolis, IN 46204. United States Gymnastics Federation 10009 001 1442 0000 0000 0000

The United States Gymnastics Federation (USGF) is the sole national governing body for the sport of gymnastics. It and its affiliated organizations (the USGF, national, state, local and club associations for U.S. Gymnastics Team, including the U.S. Olympic Gymnastics Team, Gymnastics and Acrobatics of America and the non-affiliated, IFPG, USGF and USA-GYMNASICS).

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BACK TO SCHOOL

By Miller Jackson

DUH HAS THE CHANCE OF ASSUMING

Our major success thus far has been the establishment of the USCF Division II and III Championships. When the NCAA dropped this event, the USCF assumed responsibility for it. The event has been growing each year and many people feel their programs would have been dropped without this opportunity.

We have made offers to the NCAA to guarantee and underwrite the Men's Division I Championships. There was never a formal rejection of our offer and I would anticipate that this offer would be made again should it be proposed that the Division I program be eliminated. We have been involved in virtually every program that has either been in jeopardy or threatened to be dropped. We send Olympians to put on exhibitions or speak to Athletic Directors, we send letters and

OUR MAJOR SUCCESS THIS FAIR HAS BEEN THE ESTABLISHMENT OF THE USGF DIVISION II AND III CHAMPIONSHIPS. WHEN THE NGCA DROPPED THIS EVENT, THE USGF ASSUMED RESPONSIBILITY FOR IT.

wrote to Chancellors, Presidents and Board of Regents and we have made offers of financial support. In every case, these efforts and offers had little or no impact on the final decision. It must be remembered that the NCAA is a totally independent and autonomous organization, working on behalf of its own membership (the Colleges and Universities and their respective athletic departments.) It is logical to assume that as colleges and Universities are independently responsible for their financial well-being, the decision making will be dictated solely by economics. To somewhat revise the NCAA's eligibility motto, one will need to be able to "pay to play."

Therefore, what are the options and what does the future hold? While the following comments reflect my personal opinions, they can be substantiated by past history and what general business dictates.

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USA GYMNASTICS

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Federation
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DEAR MARY LOU,

I am one of your best fans. I do lots of reports on you. I love your smile and everything. I am 9 years old and my name is Amy Charlson. I have a brother named Bruce and a mom and dad named Debbie and Mark. I have a dog named Lee and a cat named Missy. Do you have any pets? Please tell me about your family.

Amy Charlson

Dear Amy,

Thank you so much for your kind comments. And yes, I do have pets! I have a dog named Pepe who lives in Houston, Texas with my husband, Shannon, and I. And I have another dog, Kissie, who lives with my mom and dad in West Virginia.

DEAR MARY LOU,

I train at Washington Gymnastics Training Center 30 hours a week. Our team spends a great deal of time on bars. During that time my hands tend to get sore and I get nasty little rips. I was wondering what you found to be the best cure for sore hands and rips?

Tracy Lyne
Federal Way, Washington

Dear Tracy,

I don't know if it works for everyone, but for me the best cure for sore hands and rips is to keep them moist! When I competed I used to cut five finger holes in a pair of old tube socks and sleep all night with the oil from a Vitamin E capsule. I also used strawberry custard, Vaseline, etc. It helped a lot!

DEAR MARY LOU,

Hello! I am 14 years old from Ocean City, NJ. I have liked gymnastics for so long, it is my life. Because of where I live, there is no where to train. I was going to move away to train at Parkettes in Allentown, PA but I couldn't. I have been out of the gym for so long I lost everything. I was doing double backs before I left. What should I do?

Jean Bourgeois
Ocean City, New Jersey

Dear Jean,

It's not too late for you to begin again. I think you really need to sit down with your parents and evaluate your feelings for gymnastics. If you still want to participate in our wonderful sport, I suggest you check out your yellow pages under gymnastics and look for the nearest facility which offers classes.

DEAR MARY LOU,

I'm in college and since I was 5 years old I've wanted to coach gymnastics and later own my own club. What advice do you have about the steps I should take to become a gymnastics coach? (What classes in college, steps outside of college, etc.)

Anne M. Hick
Annsdale, Virginia

Dear Anne,

That's super, we always need more gymnastics coaches! I too, want to someday coach and be an owner of my own club. My suggestion to you is to get a job as an assistant coach at a gym and try to learn everything you can! Learn the ropes, from the latest

coaching techniques, to the right way to manage and market the club.

DEAR MARY LOU,

I am 10 years old and in my floor routine I have to do a straight arm back extension. I can't do this skill very well and I get about six tenths deducted from my score. What will help me to do better?

Amy Berkembach
Blossfield Hills, Michigan

Dear Amy,

I've said it once and I'll say it again—Practice, Practice, Practice! A straight arm back extension is a difficult skill and takes a whole lot of strength. Make sure to work extra hard on your conditioning skills after practice! Press handstands, push-ups, handstand push-ups and dips will help strengthen your upper body and will help you master the straight arm back extension. Work hard!

DEAR MARY LOU,

My name is Kelly and I'm 11 years old. I was having trouble with my back tuck on floor but now I got it. The problem is that I can't get it up higher. Do you think you could give me suggestions or exercises that could try getting it higher? I'm competing at Level 5 but I might be going to Level 6.

Kelly

Dear Kelly,

It's very difficult for me to coach you without seeing your back tuck, but I will give you some general pointers. On your take off—make sure your body



Mary Lou Retton

is tight (bottom squeezed, stomach in and arms up) head is straight and when you rotate bring your knees to your chest as tight as you can. Your rotation should be fast and efficient.

DEAR MARY LOU,

I am a level 7 and I go to gymnastics at Lafleur's St. Pete. I am a little scared of my round-off dismount on beam. I also have a hard time standing up my handspring full vault. What would you do if you were in this situation?

Brock Priddy
St. Petersburg, Florida

Dear Brock,

A round-off dismount is pretty scary. Make sure you start by warming the skill up on a line on the floor making sure your foot placement is correct, then take it to a low beam. Do the round-off there until you feel comfortable. Then, when you go up on the high beam, ask your coach to stand there the first five times for safety. For your handspring full vault, if you are sitting down on your bottom, go harder for the vault. Block harder off the horse and stay tight!



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NUTRITION TIPS

BY DIANE CARSON M.S., R.D.

At any given moment, it seems that most of us are trying to lose weight or are worrying about what we choose to eat.

Today, Americans are more educated in health, fitness and nutrition than ever before. We are all aware of the health implications of what we choose to eat. Maintaining desirable weight, and eating a diet low in fat and cholesterol is recommended by most health authorities.

The prevalence of overweight/obese Americans is overwhelming. Obesity occurs when there is an imbalance of calorie intake. Simply, if you consume more calories than your body needs for maintenance and activity, you will gain weight. The sedentary lifestyle and the typically high fat diet of most Americans are responsible for the prevalence of obesity in our country today.

WHAT CAN YOU DO?

Eating a low fat diet is the first step. Gymnasts and their coaches and families should be especially careful of their intake of dietary fats. It is thought that limiting your intake of fat, not necessarily limiting your intake of calories, will help you control your weight. Did you know that fat contains twice as many calories as carbohydrates and protein? (calories/gm vs 4 calories/gm)? Sadly, Americans consume

approximately 40-50 percent of their calories from fat, when they should consume closer to 30 percent. The following helpful hints can help you learn to eat a low fat diet.

THE DO'S AND DON'TS OF EATING PROTEIN FOODS

Choose lean cuts of meat, fish and poultry that are broiled or baked, not fried. Try low fat red meats like tenderloin, flank steak, chuck, lean ground meat, 95% fat-free luncheon meats and lean veal.

Trim visible fat from meats and remove the skin on poultry.

Try vegetable proteins like beans, peas, lentils, and tofu.

Cut down on your portion sizes (eat 4-6 ounces/day). The size of a deck of cards is about equal to 3 ounces of cooked meat.

Limit eggs to 3 per week.

Avoid fatty luncheon meats, hot dogs, sausage, high-fat luncheon meats, and fried meats, fish and poultry (fish sticks, and fried chicken).

DAIRY PRODUCTS

Use low fat, 1% or nonfat milk.

Try low fat cheeses (3.5 grams of fat per ounce), like part-skim milk mozzarella, ricotta cheese, Lappi cheese, and low fat cottage cheese. Avoid cream, cheddar, and cream cheese.



FRUITS AND VEGETABLES

Lend up on fresh fruits and vegetables, plain canned and frozen fruits and vegetables.

Try a hearty vegetable soup with a tomato base.

Watch out for creamy-based soups, olives, avocado, fried potatoes and frozen vegetables in sauces or butter.

SALAD BAR

Check your salad bar success with no more than 2 tablespoons of salad dressing or, preferably, reduced-calorie salad dressing.

Mix your salad into a meal by adding lean meat, chicken or turkey, pasta or vegetables.

Add healthy salad bar toppings to your salad such as green peas, beets, mushrooms, beans, tomatoes, cucumbers, peppers, carrots, broccoli and/or cauliflower.

Avoid salad bar toppings such as chopped egg, bacon bits, croutons, fried noodles, cheese, olives, avocado, and prepared salads.

Ask for dressing on the side, or try vinegar or lemon juice.

BREADS AND CEREALS

Try whole grain breads and cereals, plain bagelized english muffins instead of croissants, waffles or pancakes.

Instead of Ritz crackers, Cheez-Its or Wheat Thins,

grab a few Rye-Krisp crackers, bread sticks, pretzels, or graham crackers.

DESSERTS

Avoid high-fat desserts such as ice cream, donuts, cookies, pie, chocolate, and cakes.

Try small portions of nonfat yogurt, fruits, sherberts, angel food cake, or vanilla waters.

FATS AND OILS

Limit added fats and oils (margarine, vegetable oils, and dressings) to 3-4 teaspoons per day.

Use low-calorie fat alternatives like diet margarine, diet mayonnaise, and reduced-calorie salad dressing.

OTHER FOODS AND SNACKS

Watch out for chips, nuts, and seeds, and regular sodas.

Dry snacks such as vegetable sticks, baked tortilla pieces (instead of fried chips), mini-size cakes, dry cereal, pretzels, fresh fruit, air-popped popcorn and low fat crackers.

EXERCISE

In the summer months it is harder than ever to get to the gym and put in a good workout. Go and do it! Remember to drink lots of fluids (no caffeine!) to avoid dehydration. In addition to your regular workouts, try some of these helpful fitness and exercise hints:

Walk. Walking burns calories and helps decrease your appetite. Walking uses calf, hamstring, hip, knee, and quadriceps muscles. Walking is as good as jogging and with less stress to your joints.

Take the stairs instead of the elevator or escalator.

Park your car and walk.

into the shopping centers. Even take a few laps around the parking lot before you go in.

Take up a new sport or activity like dancing, biking, volleyball, lifting, tennis or skating just for fun.

HELPFUL HINTS

Eat regular meals (about every 4-6 hours).

Eat slowly.

Avoid eating while watching television or reading.

Eat smaller portions.

Stay active. Get out and do it!

HOW MUCH FAT IS EQUAL TO 30 PERCENT?

First, to answer this question, you must know how many calories you should be consuming per day.

A. Your Body Weight in pounds X 13

*If you are over-weight, use your desirable weight.

* If you are very inactive, multiply by 10.

* If you are very active, multiply by 13.

B. Check the chart below to determine how many grams of fat you should be consuming based on your caloric needs.

Approx Calories Needs	Grams of Fat Day to = 30% of Calories from Fat
1200	40
1400	47
1500	50
1600	53
1800	60
2000	67
2200	73
2400	80
2600	87
3000	100

The Calculation:

1. Multiply the grams of fat in your food, your meal, or even your day by 9. Remember there are 9 calories per gram of fat compared to 4 calories per gram of carbohydrate and protein.

Example:

Potato Chips 1 bag= 14
gms fat
x 9 (calories/gm)
=126 calories from fat

2. Divide the calories from fat by the total calories to determine the percentage of calories from fat.

Example:

Potato Chips 1 bag= 192
total calories
126 calories from fat/192
total calories
= 66% of the calories from fat!

A FEW DIET TIPS:

1. Select lowfat dairy products
2. Limit intake of high-fat cheeses
3. Limit intake of butter, margarine, shortening, oil, salad dressing and mayonnaise
4. Limit red meat to 2-3 servings per week
5. Remove the skin from chicken

R E C I PES

Frozen Yogurt Popsicles

2-8 ounce cartons of plain yogurt
1-12 ounce can of frozen juice concentrate
Dash of vanilla
Combine all ingredients. Freeze in molds or small paper cups. For handles, place wooden sticks in slightly frozen mixture.

Zero Salad Dressing

1 cup tomato juice
1 tablespoon vinegar
1 tablespoon lemon juice
1 tablespoon finely chopped onion
salt and pepper to taste
Combine all ingredients. Chill. Serve with tossed green salad.

Spicy Vegetable Dip

1-8 ounce carton plain yogurt
1/4 cup salsa
1 tablespoon horseradish
1 teaspoon grated lemon rind
1 teaspoon salt
2 tablespoons minced celery
1 tablespoon each of minced green onions and green pepper
Combine all ingredients. Chill. Serve with raw vegetables.

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BACK TO SCHOOL...

Continued from page 6

Individual schools make the ultimate decisions whether or not a program is supported, retained or dropped. Schools decisions are based on many things. Here are some of the more frequent determinants:

1. Finances (dropping gymnastics frees up more money for football and basketball).
2. Equalizing men's and women's sports programs within an athletic department (both in terms of money and numbers).
3. Loss of other programs in the conference or the geographic area.
4. Coach retires or leaves—this is most likely to be an

issue if the coach has been there for many years. Athletic department unable to find suitable replacement.

5. Team performs poorly and never receives "national" recognition.

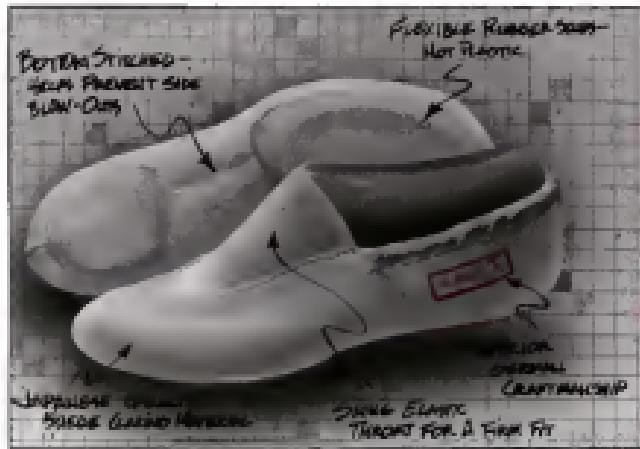
6. Personality conflict or bad working relationship between coach and athletic department/staff.

While each program will have its own "unique" problems, the above list are the most common. So, now what? Good business sense would dictate that we look at the reasons programs are dropped and develop solutions. However, you can see that it may be quite difficult to find solutions for some of the reasons listed above. Therefore, it may be best to address this issue collectively rather than independently.

I would suggest a two or three

day gathering of all the collegiate coaches and interested parties. It would be a working session, well planned or organized, with the goals and objectives being to develop a long term strategy as to how the collegiate gymnastics programs in the U.S. can be stabilized and how to minimize and reduce the risk of losing more programs in the future. In order to begin this process, an organizing committee needs to be selected, an action plan and time table developed and basic data and information needs to be collected, organized and evaluated. I am more than willing to commit USGF personnel and resources to participate in this endeavor.

It's like the old Mark Twain comment, "Everyone's always talking about the weather but no one does anything about it." In the case of collegiate gymnastics, we need to do something about it.



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The second annual "Results Section" is intended to give gymnasts and their clubs some well-deserved recognition for their accomplishments.

State, Regional, Age Group and Elite Development Directors submitted results from July 1990 through

June 1991. This section will be published annually in the September/October issue of *USA Gymnastics* magazine. The 1992 "Results Section" will include results from July 1991 through June 1992.

The same procedure will be used for next year—State, Regional, Age Group and Elite Development Directors should submit results from State Competitions, Regional Competitions, Major Invitational Competitions, NCAA Competitions and other gymnastics events.

Please use the following format when submitting results: 1) Name of Competition; 2) City and State where event was held; 3) Date of Competition; 4) Winning Team; 5) Top three all-around winners and their club or school; and 6) Winner of each event and their club or school.

Send results to USA Gymnastics, Pan American Plaza, 201 S. Capitol Avenue, Suite 300, Indianapolis, IN 46225

The deadline for the 1992 "Results Section" will be July 1, 1992 so mark your calendars today!

WOMEN

FALL COURSEUP '90

September 26, 1985 Schreiber, Lou
Level 1 A.A. 8-7 yrs—1. A.
Robert Sjoberg, J.A. McDonald
Cyan Kips, S.L. Chesser, Cyan
Kips, V. Vialta, Fleischman,
A. McDonald, Barnes—1, 10-11, A.
McDonald and L. Chesser
Level 1 A. A. Robert Level 1 A.A. 8-7 yrs—1.
1.C. Caperton, Cyan Kips, S.E.
Borchardt, Tandy A.B. Park/Cyan
Kips, Vialta—1.C. Caperton
Level 2 A.A. 10-11 yrs—1. J. Dolan,
Cyan Kips, S.A. Borchardt, Cyan
Kips, S.J. Lester, Tandy Vialta
Level 1 A. A. Robert Level 1 A.S.
Level 1 C. A. Borchardt Level 1 A.
A. A. 8-7 yrs—1. A. Borchardt
Cyan Kips, S.J. Neiman, G.L. Neiman,
Tandy, Vialta, Barnes—1. Neiman
Barnes, Fleischman, J. Kornbluth Level 1 A.
A. A. 10-11 yrs—1. J. Neiman,
Tandy, S.A. Borchardt, Cyan Kips, Vialta,
S.J. Neiman, G.L. Neiman, Cyan
Kips, Barnes—1. Neiman Barnes—1.
Almond, Caperton, Level 1 A.A.
8-7 yrs—1.C. Caperton, Cyan Kips,
J.M. Kornbluth, Shelly A. Barnes,
Cyan Kips, Vialta, Barnes—1.
Larson Barnes—1. M. Kornbluth
Level 1 A.A. 10-11 yrs—1.A. Larson
Cyan Kips, S.A. D. Driscoll,
Cyan Kips, S.K. Caulfield, Cyan
Kips, Barnes—1. Barnes—1.
L.J. Watson, Shelly Barnes
Level 1 A.A. 10-11 yrs—1.K. Anderson
Cyan Kips, S. Q. Ryan,
Gymnastics, S. J. C. Elliott
Gymnastics, Vialta, Barnes, Barnes
Hoerl—1. Anderson Level 1 A.A.
10-11 yrs—1. A. Chesser, Cyan
Kips, Cyan Kips, Vialta—1.
Young Barnes—1. M. Monahan
Barnes—1. Connelly, Parker
Gymnastics, Level 1 A.A. 10-11 yrs—1.
Fleischman, Cyan Kips, S. B. Sels
Cyan Kips, Vialta—1. Monahan
Barnes—1. Connelly Barnes—1. Sels
Hoerl—1. Monahan Barnes—1. Sels
Hoerl—1. Sels and Barnes—1. Sels
Hoerl—1. A.A. 8-7 yrs—1. B. Besser
Gymnastics, S. M. LeBaron
Gymnastics, Vialta, Barnes, Barnes
Hoerl—1. LeBaron Barnes—1.
L. Besser Barnes—1. Washington
Barnes—1. G. Carter and T. Palko,
Cyan Kips Barnes—1. Carter

NUMBER 20

Oct 19-20, 1990 Baton Rouge, Louisiana. Low 1 & Team Champion—JLF Gymnastics Level 4: A.A. B-4 yrs—1. D. Credlow (JLF); 2. A. Woodard. Gymnastics Team: 3. J. Lyons. Gymnastics Vault—1. D. Credlow Bar—1. A. Woodard

Berg, Bergen—1, M Carter Floor—
1, D Carlson Gymnastics Level
10 Team Champion; Northshore
Gymnastics Level 7A & 9-11 yrs.—
P. Devol Gymnastics, 3 & Patel
Northshore; A. Jones, Northshore
Visitors—1, 0; M. Dubois,
Gymnastics and D. Chastey,
Gymnastics Visits—1, P. Devol
Barn—1, J. Jones Floor—1, 3
Jennings, Cupidettes Level PA/AA
12 Hops—1, A. Van Dusen, Northshore
2, A. Carlson, Northshore, S. C.
Horne, Northshore Visits—1, A.
Villar Barn—1, C. Harris, Barn
Floor—1, J. Carlson Level 7B
AA, 12-14 yrs.—1, J. Turner,
Northshore Visits, Barn, Barn
Floor—1, J. Turner Level 8 AA 9-
11 yrs.—L.S. Crochet Gymnastics
2, K. Horne, Gymnastics, 3, M.
Forrest, Northshore Visits, Barn,
Barn, Floor—1, B. Crochet Level 8
AA, 12-14 yrs.—1, B. Vasquez,
Northshore, 2, J. A. Eggas
Gymnastics, 3 & Crotches, Crotch
Kips, Visits—1, S. Crochet
Barn—1, K. Eggas Visits—1, L. Vasquez
Floor—1, 10 R. Vasquez and A.
Eggas, Level 8 AA, 9 & over—1,
M. Novakovic, Northshore, Visits
Barn, Floor, Floor—1, M. Detweller
Level 8 and 10 Team Champion;
Cajun Kips, Visits—1, 9 A A 9-
11 yrs.—1, D. Holler Gymnastics, 1
K. Lynch Gymnastics, 3, 1. Sasse
Gymnastics, Visits, Floor—1, D.
Holler Barn—1, K. Lynch Barn—
1, 10 D. Holler and K. Lynch Level
9 A A, 12-14 yrs.—1, J. Bellard
Gymnastics, 2, B. Sasse, Cajun
Kips, Visits—1, Northshore Visits
2, J. Palmer, 1. Bellard Barn—1
K. Lynch Level 10 girls, A A, 12-
14 yrs.—1, K. Lynch Cupids Visits
Barn, Floor, Floor—1, K. Lynch Level
10 girls, A A, 12-14 yrs.—1, K.
Sasse, Cajun Kips Visits, Barn,
Barn, Floor—1, K. Sasse Level
10 comp. Team Champion;
Gymnastics Level 10 comp, A A,
12-14 yrs.—1, K. Phillips
Gymnastics—1, 2, L. Moore
Gymnastics—1, 2, S. Sasse
Gymnastics Visits—1, 2, Sasse
Barn, Floor, Floor—1, K. Phillips
Level 10 comp, A A 12-14 yrs.—1,
J. Velleson Gymnastics, 2, A. Yara
Gymnastics, Visits—1, A. Yara
Barn, Barn, Floor—1, J. Velleson

STRAWBERRY OPEN

Nov. 23-25, 1990. Pontocharlo Localities. Levels 9-10A, 13-4 Up-York, Durso, Capo Kapa 2, J. Sims-Northholme, 3, 1 Bellard-Northholme, All Events—1, K. Jones-Town 1 (A 18-19) —1 M. Francis-Northholme, 2, 3, Razzano 1 (A 18-19), Hockney-Rise-Vestal Mary-Brown—1 M. Francis-Randall 1, 2, Razzano Level 9-10A 12-14-15, L. Leibman, 2 (A 2), M. Vining-Northholme, 1, 2, C. Chidlow-Cape Kapa-Vestal—1, 2, C. Chidlow-Bellard 1, 2, L. Leibman, 2 (A 2), M. Vining-Northholme—1, 2, L. Leibman-Vestal—1, 2, L. Leibman, 2 (A 2), M. Vining-Northholme—1, 2, L. Leibman, 2 (A 2), M. Vining-Northholme, 3, An. Andrew-Vestal—1, A. Andrew-Elliott-Jones-Brown—1, Jones-Pheonix—1, 2, Pheonix-Level 9-10A 12-14-15, Harris-Northholme, 1, 2, Smith-Northholme, 1, 3, 5, Mayn-Northholme-Vestal, Sosa, Pheonix—1, C. Harvey-Jones—1, K. Smith-Level 7A 12-13 & Up—1, 2, 3, Soraia-

Mab M. Brown, Fisher—L, LaRue—
Level 2 A A 9-10-11, L, P, R, Upp
Crown—3, N, Lyc, Rayosa—3, S, P, Pith,
Spur, Egg, Yucca—1, Berberidaceae—
1, L, Lyc, L, Cactus—1, Cactaceae—
1, M, Nopalea—2, Cactus—
Level 2 A A 11-12—1, T
Yucca—Bryops—3, M, Bambusaceae,
Cyperaceae—1, L, Lyc, Cyperaceae—
Cynometra—1, H, Upp, Rosaceae—
Sassafras, Sweet, Phoebe—1,
Ulmaceae

GEORGIA CLASSIC NATIONAL MEET

1993 Canyon Georgia
West Champion - Brown Team
4-5 - Cheyenne Vogel, Bowers, 2
Sara Hines, Brown, 1; Jennifer
Wiles, Brown, Vogel, 1; Classie
Fay - Davis - Cheyenne Vogel,
1; Sara Hines, Fay, 1;
Cheyenne Vogel, All Stars A, 1;
Samantha Hines, Hansen-Green, 2;
Tracy Greenway, Cope, Eliza, 3;
Kathy Greenway, Orlando/Sarasota
Team, 1; Kelly Leigh Conner,
Orlando/Sarasota Team, 1; Jennifer
Hobson, Monroe Community, 1;
Kelly Greenway, Orlando/Sarasota
Team, 1; Jennifer Shifrin, Houston
Cares

DESERT DEVIL CLASSIC

March 26, 1997. Westdale, Ariz.
 Team: Champion Desert
 Devil "A" team A.A.—1, Tex
 Churchill, Denver Davis, 2, Sandy
 Woodley, Denver Davis, 3, Monica
 Sherry, Rocky Mountain Valley—3,
 Woodley, Barn—3, Woodley
 Barn—1, Shaw, Faxon—1,
 Churchill

ISLAND CITY
INN

Feb 8-10, 1995, San Antonio, Texas
level is B-11 A-A-1, Jerry
Castroverde, Castroverde, & Maribel
Hernandez, Castroverde & Cindy
Alvarez, Castroverde, Vickie
Alvarez, Castroverde, Vickie
Alvarez, Castroverde, Vickie

Swamp Rosebud, Trappete's, L.
Mark Northern, Terrell's, A. Pease
Camp, Mesa, Terrell's, Waco—
Level 13 & Up AA—1, A—1,
Boggs, Bandera, Terrell's, A.
John Stewart, Terrell's, J. Jacobs
Sands, Mesa, Waco—1, Cass
Helen Terrell's, Harwood High—
Bandera, Rose—1, Jennifer
Matthews, Hutto Gymnastics
Level 13 & Up AA—1, John
Cassman, Hutto Gymnastics—
2, Long-Ash-Collie, Bullockton, S.
Layla Cubans, Irving's, Vicki
and Poor—1, Carrie Ann and
Brown—1, Crossmen Level 7-9
Tina Chapman—1, Terrell's
Lancaster, Texas Level 9-9-11
AA—1, Jodi McIlroy, Cypress—
Stephani Cook, Cypress, 2,
Kathleen Paquet, West Valley
Wink, Sean and Poor—1, Cook
Sue—1, McIlroy, Level 9 13-15
AA—1, Jackie Ballancey, Heartland
Eve, 2, Sean Chabot, STGA, 3,
Ashley White, Terrell's, Vicki—1,
Sarah Elizabeth, STGA, Sam—1
White, Sean, 1, Hickory Floor—
Vivian Montano, STGA Level 13
14 AA—1, The Jordan's, but re-
cited, 1, Natalie Zanella, North
Central Gymnastics Center 21, Lisa
Cassidy, Cypress, Mary Branson,
Phoenix, Cyndi, Vicki—5, Page
Zelena, Cypress, Sam—1,
Lisa, Vicki, 1, Leah Montano,
South Texas, Vicki—1, Zanella
Level 13 & Up AA—1,
Lorraine Knob, White, Vicki—2,
Audrey Wagner, White, Cypress, Dr
Conrad, 2, Larissa Courtney, Uni-
versity of Gymnastics, Vicki and
Sean—1, Whitney Bernard Floor—
J. Kuehl, Elsie (not AA) AA—1,
Jesse Morris, Cypress, 2, Leah
Hornseth, Canada, 3, Sandy Baldwin,
Candy, Vicki, Sam and Poor—1,
Kathy Brings—1, Lorraine Johnson,
Candy, Elsie Opatzka A—1,
Kari Zamudio, Karyola, 3, Betty
Diana, Bandera, 1, Chelle Gads,
Karmily's, Vicki—1, Rita Baker,
Home United, Sam—1, Vicki
Burns and Poor—1, Zanella Elsie
Tina Champion—1, Karyola's,
Texas

**RED ROOF INNS GULF COAST
CLINIC**

Open,
Tennessee, 2.
Cumberland, 2.
1-Sandy
2-Cherie
3-Laura
4-Jeanne
5-Beth
6-Mary
7-Debbie
8-Judy
9-Patricia
10-Karenne.

PRO-LAW STATEMENT

Wrestlers Tennessee Indians
Team Champions—
Murdock Gymnastics Academy
Level 3 Team Champions—
Westside Gymnastics Level 3 Team
Champions—Carroll Academy
Level 10 Champions AA and AB
Level 9—1, Joyce Phillips, Gym
Academy, Level 10 Junior AA—1,
Amy Van Hoesen Carroll Academy,
2, Murdock, 3, Gym Academy.

3. Casper Brown, Gym. Nov.
V-1, Mandurah Central And
Ages, Boys & Girls -1, Boys
With Harry Long. Western A-A
-1, Jay Taylor. Gym Room, 2, Betty
Clausen, Ind. Gym. Training Cen-
tre, 3. Stacy Woodward. Gymnastic
Academy. Vash & Bomp -1, Betty
Clausen. Boys & Girls -1, Jay Tay-
lor Level 2 Children A & B
events -1. Melrose Gym. South-
ern Ind. Gym. School. Level 2 Juniors
A-A -1, Barbara Brink, Gym
Plan 2, Terri Gosselink. Westgate

Champions—1. LaFleur Large Level 3 Team Champions—1, American Tradition Level 3 Team Champions—1, American Tradition 9-11 A.A.—1, Mary Moore, Twinkies 12-14 AA-A.—1, Tatanka Seniors Twinkies 15 & Up A.A.—1, Shesawdah, All American, Level 7 Team Champions—1, Oregon 9-11 A.A.—1, Canoe Krusoe/NW YMCA 12-14 A.A.—1, Tamara Monroe, A Candy Huddle, Oregon 15 & Up A.A.—1, Tracy Belvoir, Canoe.

**FLORIDA STATE MEET
MARCH 8-10**

March 1991 Level II Team Championships—1, American Division: 9-11
A.A.—1, Sean Kestrel, Textron and Tom Tammes, Lucent; 12-14
A.A.—1, Jason Salgot, Textron; 15-18 A.A.—1, Tony Lenzini, Day-Monroe; Level IV Team Championships—1, American Division: 9-11
A.A.—1, Leslie Palkovich, Lucent; 12-14 A.A.—1, Jeff Barnes, Textron; 15-18 A.A.—1, Adrienne Carpen, Textron; Level 10 Team Championships—1, Powers; 13-14
A.A.—1, Jason Brinkman, Powers; 15-18 U-1, Dean Flores, Powers.

**LEVEL 9 OHIO USCF STATE
CHAMPIONSHIPS**

March 22-23, Broadmoor Hs., Colo.
Team Champion—1. Gymnastics
of Colo.; 2nd, Indiana; 3rd, Oklahoma A.-
A.; 4th, Denver; 5th, Corps of Engs.; 2nd,
Rocky Mountain; 6th, Colorado; 7th,
Army; 8th, Hastings; 9th, Corps of
Engs.; 10th, Navy; 11th, Marine;
12th, Cavalry; 13th, Artillery; 14th,
Infantry; 15th, Engineers; 16th, Signal
Corps; 17th, Medical Corps; 18th, Cavalry;
19th, Artillery; 20th, Infantry; 21st, Engineers;
22nd, Cavalry; 23rd, Signal Corps; 24th,
Medical Corps; 25th, Artillery; 26th, Cavalry;
27th, Infantry; 28th, Engineers; 29th, Cavalry;
30th, Artillery; 31st, Infantry; 32nd, Engineers;
33rd, Cavalry; 34th, Signal Corps; 35th, Medical
Corps; 36th, Artillery; 37th, Cavalry; 38th, Artillery;
39th, Infantry; 40th, Engineers; 41st, Cavalry;
42nd, Artillery; 43rd, Infantry; 44th, Engineers;
45th, Cavalry; 46th, Signal Corps; 47th, Medical
Corps; 48th, Artillery; 49th, Cavalry; 50th, Artillery;

Song, E.—Amy Jacobs, Olympic
Award of Gymnastics—1, Florence
Klaffl Senior Division, A.A.—1,
Cynthia Stockbridge, Senior Gym
Award, 2, Maria Winkler,
Class, B—Marilyn S.
Mandel Gym Award,
Northbrook Gymnasium
Gym at the
Schools—1, Linda
Young,
Second

**LEVEL 10000 USE STATE
CASH PURCHASE**

**Mike Goss, Bremerton Gymnastics,
J. Kim Koch, Olympian Gymnastics
Youth—J. Karlethia Larson, Eastern
Columbia Bars—L. Natalie Pennington, Seacrest—L. Kim Koch.**

Place—1, Amy Burk, Cincinnati
Open Hand

LEVEL 10 READER'S

April 13-14, Del Bellosglio, New York. Senior A—A—3, Amy Lorraine, 1, Jack Blodgett, Minnesota, 3, Connie Wilson, Valley View—1, Wendy Marshall, The Coves—1, Lori Larson, Brainerd—1,Candy Wilson, Piney—1, Karen Boundary Junior A—A—1, Amy Munkasti, Minnesota, 1, Shirley Espanola, Santa's 1, Kathy Ruppert, Minn. Woodland—1, Amy Johnson, Minnesota, Avery—1, Gretchen Allbright, CATS—Bates—1, Amy Stenseth, Piney—1, Amy Stenseth.

LOUISIANA STATE MEET RESULTS

Level 10—A. A. 1, S. Wigmore,
Wicks, J. K. Phillips, Glynn
West—1, J. Spain, Glynn, Henn,
M. Phillips, Bass and Flotow—1,
Wigmore; Level 10a—A. A.—1, K.
Glynn, C. G. J. Williams, Glynn
All Stevens—1, Stevens, Lovell & Chal-
len—A. A.—1, D. Bannister, Lupton
A. Channer, Hale—2, L. S. Glynn
Glynn and R. Thomas, Eliza
Webb—1, Channer, Bass, Lovell and
Horn—1, Beaumont; Level 9—F. J.
A. A.—1, J. Baldwin, N. S. 123 Stevens
C. S. Vassil, Bass and Flotow—1,
Bellini, Bass—1, N. Edmonson
Level 9 or 8—A. A.—1
Loring, CG—2, A. Decoufle, Ged-
Week—1, H. Herremans, Ged-
Week—1, M. Baker, GGD; Beaumont
Horn—1, J. Loring, CG; Level 8
Beaumont—A. A.—1, Knopkow
F. J. Carrillo, Glynn—1, M.
Makowski, CG; Vassil and Bass—1

A.A.-1, E Davis, GDC, AB

www.ijerpi.org

Anthon, Alabama, June 8, 1950.
Age 12-14. A.A.—. Sixth-grade
Hoover Gymnasium—L. E. Estes
Sandusky Intermediate School, Columbus,
3. Maggie Hulmebook—. Miss
Ann Biddle, Columbus High—1.
Sara Sestini—Bans—1. Christian
Ervin, Shady School of Gymnas-
ium—Bans—1. Maggie Hulmebook
Floor—1. Sarah Sestini

REGION III CHAMPION-

April 12-14 Houston, Texas Level
9 8:30 A.M.-1 Tonga Islands,
Koror, 1. Steplands Islands,
Koror, 3. Jenny Thompson,
Kandy, 1. Maers Rim
and Brooks Convoy, Phillips 66,
and Aransas Flora, Spirit of
America, Bora, 1. Thompson
Booms, 1. Hobbs Room, 1. Niles
Canyon, Goliad County,
Okla., 10:30 A.M.-1, Dennis
Aldis, Goliad Convoy, 2. James
Maurer, Economy, 1. Amy
Nashua, Spirit of America and
Marina Beach, Weatherby Convoy
Co., Weather, 1. Tuna Fisherman,
South Texas Convoy Base, 1. Kelly
Hansen, Stone Oak Gym, Village
Beach, 1. Marquardt, Webster,
Kandy, Room, 1. Samson Royal
Capital Convoy, Level 9 Island
conv. A.A., 1. John Wagner, Convoy
Institute, 1. Tom

SPRING STATE MEET

Northwest Awards, Beaumont St., Hopkins Washington, May 1-3 Level 7 Team Championships - 1. PGCC CT A-A-1, Alaska Yester, PGCC 2, Jennifer Poynt, PGCC 3, Elizabeth Howard, PGCC 4-A-1, Shanna Thomas, PGCC 2, Lori Miller, PGCC 1, Anna M. Johnson, LPGA Sr. A-A-1, Michelle Norman, LPGA 2, Becky Woods, NASA, 3, Kristie Daniel, DDC Level 7 Team Championships - 1, Team PGCC, F.A.-A-1, Kathy Kelly, PGCC 2, Terriann Davis, TGA/Carey Williams, PGCC 3-A-1, Maryann Pfeifer, PGCC 4-A-1, Michelle Davis, PGCC 5, Kristen Sauer, PGCC 6-A-1, Sarah Johnson, Terri Kelly Shuster, TGA, Tamara May, PGCC 11-A-1, Jamie Reed, Cyrene A, Tilman Thomas, PGCC 4, Diana Carroll, ATWPGC 12 and up A-A-1, Shanna Thomas, PGCC 1, Mary Eddie, CYC, 2, Amber Lee, CYC

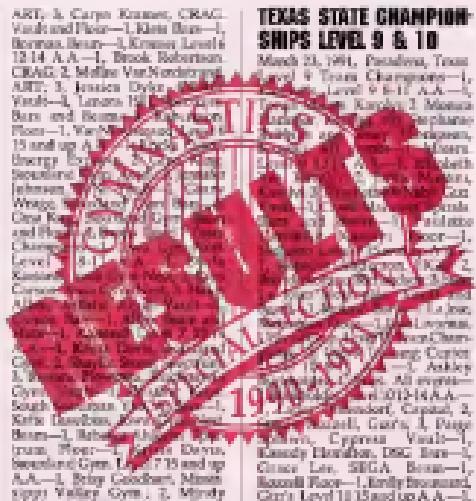
WESTERN STATE FEST

LEVEL 8.0.10

Vikings, Washington, Level 10 Team Champion—**PSKL**, L. A. Act—**J. Tracy Lewis**, WOTC, L. Florida, **WOTC**, L. A. 3. **Audrey Wagner**, WOTC, L. Chester Jones, L. A. Level 9 Team Champion—**PSKL**, C.A. 1. **Julie Moseley**, PSKL, C.A. Heidi Premer, PSKL, F.A.—L. A., Luis Whitmore, NWAL, 2. **Ron Ann Johnson**, PSKL, F.A.—N.L., Sherry Erickson, CECB and Barn McKey, ANWC, Level 10 Team Champion—**PSKL**, C.A. 1. **Mark Schommer**, PSKL, F.A. **John McNeil**, NWAL, F.A. 2. **Lindsey Landrydale**, NWAL, **Janey Brinkley**, TS, F.A. 3. **Leanne Field**, NWAL, F.A.

**JUNIOR OLYMPIC STATE
CHAMPIONSHIPS**

Council Bluffs, Iowa, April 20-21,
1967 Level I Iron Champion - 1,
Cedar Rapids Academy of Law,
Level II ages 8-11 A.A. - 1, Esca-
kay, CRCA - 2, Media Business.



TEXAS STATE

TEAM STATE PARTNERSHIPS LEVEL 7

WINTER HIGHLIGHTS OF 1981

March 2-3, 1981, The Woodlands, Texas Level-Ten Disc Golf Championships. 1. SGCA, Level 7 & 11—1. Wendy Jones, SGCA 2. Andrea Lonscher, SGCA 3. Vicki Pohl, SGCA 4. Jennifer Venda, SGCA 5. Heather Barns—1. Cheryl Lawrence, Randolph Level 7 10. A. Acosta, Custer Campground, SGCA 3. Carrie Teng, Kite King, 3. Latrice Person, Shirley VanDyke, Campfield Inn—1. Jim Hammann, DCC 1980—1. Young Rose—1. Krause Lake, Open City Level 7 & 10 and on A. 4. Hilda Taylor, Amanda Gynn, Acosta 2. Jenny Weller, Wickham Park YMCA, 2. Stephanie Cohen, Mayapple, Vashon—1. Lucy Moon, High Tumb Dam—1. Connie Barns—1. Edie Horne—1. Sue Vennerstrom, Alaska

THREE EDITIONS

**TECHNICAL
COMMUNITIES** | **100+**

March 8, 2014, Ft. Worth, Texas.
Level 8 Team Champions—1, Richardson & Level 8B-11 A, A-1, Magna Travco, Theatra, 2, Angus Walsh, Richardson, 3, Alex Tripple, DCC, Vash-1, University, 4, 1, Stephanie King, DCC, 2, 1, Linda Chang, Magna, 3, 1, Anna Gandy, Capital.

**TEXAS STATE CHAMPIONSHIP
JULY 19TH & 20TH**

LONE STAR INTERNATIONAL

MICHIGAN STATE MUSEUM

WINTER STATE MEET
First, Michigan, January 13-15,
1961. Lewis's Child A.A.-1, Jim
McMahon, Great Lakes 1; Molly
O'Connor, Great Lakes 2, Tracy
Beckman, Great Lakes 3, Vicki
Smith, Jason, Shakes Gym -1,
O'Connor House and Races -1,
McMahon Lewis's; A.A.-1, Andy
Morrison, G.T.C. 2, Michael

Marley, G.E.C.—3, Audley Woods N.J.C. Vash—1, Amy Place, Paragonia, Penn and Boston—2, Mansfield, Pa., Medway, Livermore—6 20 A.A.—1, Josephine Krasnow, A.G.A.—2, Alphonzo Mankiewicz, Dundee, 2, Bucky Stampede, Saginaw, Valet and Brain—2, Muskies, Bars and Floors—2, Klemens, Level 7 Child AA—1, Tom Davis, G.T.C. 1, Klemens Cross, Mt. Jackson—3, John Corra, Arctic Gym, Vash—1, Alphonzo Mankiewicz, Bars and Brain—2, Doug Photo—L-Cross Level 21 Jr A.A.—1, Taylor, Kamiewski, Friends—3, Neely, London, Gym America—3, Joyce, Elting, Klemens, Vash—1, Sherman Walker, Gym America, Newark, London, Ohio—1, Ampala Vash, Paragonia, Pa.,—1, Klemens Cross, Level 20 Jr A.A.—1, Ken Langley, Brooks—2, January, Staten, Calisthenics, Alverton, Langley, Level 10 Child AA—1, Vicki Tracy, Gym Lanes 2, Katie Telt, Gym, Lakes 3, Laura Hornera, Gym, Lakes, Wash—1, Carly Weston, Gym Lanes, Dan and Sam—1, Barbara, Photo—2, Tell Level 20 Jr A.A.—1, Marcella Cornell, Gym Lanes 2, Society MacKintosh, Paragonia, 3, Ron Segarano, Gymnastic, Vash—1, MacKintosh, Sam—1, Rockie Queen, D.J.A. Gym—1, Corpse Queen—1, Shellye Lassiter, Blakes Level Michael A.A.—1, Vicki Tracy, Gym, Unleashed—2, Michelle Ulrich, Antioch—3, Stephanie Hause-Brooks, M.G.A. Vash and Pace—1, John Harms—1, Cooley, Brian—1, Brownie Borders, Level 9 Child AA—1, Amy Martin, Gym, Co. 2, Tara Rhodes, Bay Valley—2, Kristen Mad. Gym, Unleashed, Vash—1, Jennifer Scott, Bay Valley—1, Linda Rader, Saginaw Gym, Jenifer, Bear—1, Madison, Floor—1, Bob Klassen, Paragonia, Level 1 Jr A.A.—1, Abby Lahti, Gym, Unleashed—2, Colleen Swanson, Cedar Kalahamana, Sunnyslope, Canyon Valley, Vash—1, Jenny Davis, Capital City Gym, East—2, Karen, Bear and Pace—1, Brooks, Level 7 Child Gymnastics Class 1 Team cheerleader—Andy Valley, Class IV 2-9 A.A.—Ljubica Djordje, Abby Valley—2, Jason Chase, Andy Valley—2, Zach Perriman, Canterbury County Class I, Vash—18 2 A.A.—2, Eric Burns, Andy Valley, 2, Mike Swanson, Canterbury County, 3, Dylan Pech, Class IV 12-18 A.A.—2, Mike Leathers, Eastern Maine, 2, Richard Bradbury, Gym MAC—2, Anna, 18 2 A.A.—1, John Heister, Andy Valley—2, Matt Adelsohn, Sandalay—1, Anna Langren, Sandalay, Class I, Vash—18 18 A.A.—2, Richard Kostyuk, Canterbury County, 2, Greg Luttrellous, Canterbury Colours—2, Matt Martino, Canterbury County, Class II, Canterbury—1, Jeff Casella, Sandalay—2, Scott Taggart, Sandalay's Class II Gymnastics and optional—1, Richard Conklin, Andy Valley, Class I—2, Shaw Ray, Andy Valley, 2, Ross, Tanaka, Andy Valley

NORTH ATLANTIC GYMNASICS LEAGUE WINTER CHAMPIONSHIPS

March 2, Flaxborough, Virginia,
Tuan Chapman—Williams and
Mary A.A.—1, Dan Keough, Wil-
liams and Mary, 2, Marc Low, Wil-
liams and Mary, 3, Sean Smith,
Courtland State Poor—1, Dan
Keough Poorhouse—1, Edward
Williams, Williams and Mary
Ring—1, Dan Keough, Ring—1,
Dan Keough, Poorhouse—1, Tom
Tuan, Williams and Mary, High
Island, Daniel Smith Poorhouse—1

LCAC GYMNASTICS CHAMPIONSHIPS FOR MEN

March 9, Burlington Vermont
 A.M.—Cerro Sevilleta, Pima-
 land; Steve Christensen, U of
 Miami; L. Brock Franklin, Pima-
 land; Roger—L. Steven Simpson,
 So Conn. Penitentiary—Ugo
 Gonzalez, Pima Range—L. Cerro
 Sevilleta—Vault—1. Cerro
 Sevilleta, Franklin Barn—1. Hopper
 Salinas, So Conn. High Bar—1.
 Hopping Salinas

**VIRGINIA INTERCOLLEGIATE
CHAMPIONSHIPS FOR MEN**

March 24, Reddick, Virginia, team
Champagne—Williams and Mary
A. A.—L. Lee Knobell, Williams and
Mary, S. Mary Ann, Williams and
Mary, S. The Town, Williams and
Mary, Pease—L. Lee Knobell, Port-
land, Maine—L. Daniel Williams, Wal-
lace and Mary, Bangs—T. Dan
Knobell, Vassal—J. Merrill Soule,
Reddick, L. Franklin Den-

BOYS' JUNIOR HIGH SCHOOL GYMNASTICS STATE MEET

Category	Number
Almond	10
Apple	10
Banana	10
Cantaloupe	10
Cherry	10
Clementine	10
Coconut	10
Dragonfruit	10
Grape	10
Guava	10
Kiwifruit	10
Lemon	10
Mango	10
Orange	10
Peach	10
Pineapple	10
Plum	10
Raspberry	10
Strawberry	10
Tangerine	10
Watermelon	10

USOF WISCONSIN STATE
BOYS GYMNASTICS MNT

Deshazo, Wisconsin
1291 Class 1
Kugelch, Oklahoma
Ryan Randolph, Bryan Tappert, &
Chris Harrington, Salina Community

A.A.-1, Katrina Creek, O.A.K., 2-Lake Superior, O.A.K., 2-Tonawanda, Shale, $\frac{1}{2}$ mile east—1, sand bars—1; Hunter Spring, Great Lakes, Basalt—1; Cox River—1; Cheddy Level—1; A.A.—1; rocky ledges, O.A.K., 1; Cherie Boulders, Great Lakes, 1; Weather Schist, O.A.K.; Vash and Basalt—1; Jenny Hermosa, Great Lakes, Basalt—1; Cen. Upper Great Lakes, Flora—1; Michel Mountain Level 5' O.A.A.—1; July Scorpion, Great Lakes—20; Arctic Scorpion, AG.A. and Karp, Westland, Great Lakes, Vash—1; Scorpion, Basalt—1; Gauthierka, Basalt—1; Lower Fletcher, Saginaw River—1; Wedlock Level 50' W.A.—1; Many Grapes, Great Lakes, 2; Jenny's High Hill, O.A.K., 3; Kraske's Arrowsmith, Great Lakes, Alluvium—1; Limestone, Level 10' W.A.—1; Miners, Mixed Great Lakes, 2; Japan, Western Great Lakes, 2; When Starting a Gym, American Vash, Basalt and Basalt—1; Vash, Alluvium, 20-30 miles.

COUFLON'S 正當出口

**1991 PACIFIC-10
CONFERENCE
WOMEN'S SWIMMING**

March 16 at UCLA, a John Wooden Center Team meeting; 1. Oregon State, UCLA, ASU, Arizona, KU, 1. Los Angeles, OSU, 2. Cal State, UCLA, Oklahoma, Nevada, Western, UCI, 1. San Jose State, USC, Wash., 1. California Berkeley, ASU, Mar. 1, Chattanooga, Georgia, CSU Fresno and 2. Cal State Fullerton.

**1991 BIS-SIEN WOMEN'S
GYMNASTICS
CHAMPIONSHIP**

1998—*W. M. Trans.*
—*Barber & A.—1*
—*Brundage, Gustave—1*
—*Brown, Edward—1*
—*Campbell, Gustave—1*
—*Conrad, Harry—1*
—*Holmes, Conrad—1*
—*Lynne, Hilda, Dakkhsh Pier—1*
—*McArdle, Agnes—1*

10

HAIKE STATE BOYS
CHAMPIONSHIPS

March 16-17, Biddeford, Maine
Class IV Team champion—Andy
Valley Class III Team champion—
Cumberland County Gymnastics
Class II Team champion—Barlow.

REGION 2 BOYS USCF REGIONAL CHAMPIONSHIP

Issue: Month April 24, 1990 Class:
B-7A A-A-L Space Weather
NASA, 3, Steadman Valley Rd.,
Livermore, CA 94550-0001
1, Turner Woods, MCA, Floor, Form
Zeta, and Vault—L, Mississippi
NASA Langley and Flares—
Varied Heights—L, Woods Class:
III 10-12 B A-A-L, Ryan Dwyer
MCA, 201, Sargent Westover,
TAMC and Photos House, PC

WASHINGTON STATE BOYS CHAMPIONSHIPS

Seattle, Washington, March 29-30, 1981. Team Championships Class II—
1. Mid. Columbia, Cen. Team
Champions, Class III—1, Cascade
League, Team Champions, Class
IV—1, Port. Sound School of
Tech. Class IV-A—1, Mount
Rainer, MCCIA, 2, Arista
School, NWGCA, 3, Jester High
MCLA, Peter and Peacock—1,
Scheck, Ringo and PBers—1,
Richardson, Class IV—1, Andrus
Down, NWCA, High Bar—1, Hopkins
Class IV—1, 15-A—1, Luis
Garcia, NWCA, 2, Rob Shavelley
CICA, 3, Youth Division, NWGCA, 1, Peter
Pomarolli, Star and High Bar—1,
Dormant, Ringo and Vaidi—1,
Shavelley, Class IV—15-A—1,
Tyler Brown, ANWGL, 3, Jacob
Makinson, CICA, Tom Simpson,
NWCA, Bars—1, Jamie Campbell,
NWCA, Floor—1, Michael Dorn,
NWCA, Pommel, 2, Mike Foye,
NWCA, Rings, Peter and Pomarolli—1,
Darryl Ward—1, Corky Hagan
Bar—1, Harry Class III—1, 15-A—1,
A. A., Kyle Kramer, CICA, Jason
Martin, DAX, 3, Tom
VanAmerongen, CICA, Floor
Vault—1, VanAmerongen, Ringo—1,
Kyle Kramer, CICA, Pommel—1,
Martin, Floor—1, Ben Kutz,
WINGA, High Bar—1, Kyle Kramer,
CICA, Class III—15-A—1, Jason
Akana, CICA, 2, Andrew Hoagland,
MCCA, 3, Tom Tarter, WINGA, 4,
event—1, Alonso Class III—15-A—1,
A—1, Tom Karp, WAC, 1,
Corning, Bremerton, WINGA, 1,
Bryan Brown, NWCA, Floor, Ringo
and Bars—1, David, Pommel
Bars, Vault—1, Matt, Floor—1,
Bremerton, Class III—15-A—1,
1, Darren Holzman, 2, Matt Foye, WAC,
3, Mike Foye, WAC

TENTH ANNUAL FARMERS-BRANCH INVITATIONAL

Region V Rhythmic Gymnastics Championships
March 17, Lake Forest College
Lake Forest, IL Class II Child A-A-1, Kyla Dawson, Evanston RGC; Class II Adult Intermediate, Doreen Goren BGS; Harmony, L. Kristin Leadwell, Evanston RGC; Gym Floor—L. Dawson, RGC; L. Dawson, C. Hill, L. Dawson, Rogers; L. Natalee Lucas, Evanston RGC; Gym Floor III AA-1, A. Cole Rogers, Crossroads RGC; L. Rogers, Vassar College; L. Rogers, Vassar College; Gym Floor IV AA-1, Kathryn Colleman, Derby City Gymnastics; L. Rogers, Rogers' Gym; L. Rogers, Hilltopperz; K. Kishino—L. Rogers, Class III AA-1, Jenny Pausacker, Downers Grove RGC; H. Hernandez, The Gymnastics Studio, North Coast RGC; All events—L. Parmenter, Class II Children A-A-1, New Suburb, IL RGC; S. Kelly Palusz, Downers Grove RGC; Hwy 5, S. Kristen Pausacker, IL RGC; All events—L. Seiter, Class III AA-1.



OHIO STATE BGG CHAMPIONSHIPS

March 3, Lorain County, Ohio
Class 15-A—Lorraine Clark,
North Coast RSC; Class 17-A—
J. Noland, North Coast RSC;
Class 17-B—A. A.—1, Eddie
Buckner, North Coast RSC;
Class 17-C—A. A.—1, Tom
Robins, North Coast RSC; Class 17-D
A. A.—1, William Clark, North Coast
RSC; Sandra Jones, North Coast
RSC; Tracy Stevens, North Coast
RSC; Class 17-E—A. A.—1, Louise
Dyer, Highland Ringers; 2, Jim
Johns, Montgomery Christian; 3,
Lisa Hart, Waukesha Pigeon Run-
ning Club; Class 17-F—A. A.—1,
Teresa Armiger, Ohio RSC; Class
17-G—A. A.—1, Bill and
Barbara—1, Dan Hoge—1, Sherman
Class 17-H—All events—1 Dyer

April 10—Michigan State RSC
and Relays—1, Colchester

**INDIANA STATE RSC
CHAMPIONSHIPS**

February 8 - Pendleton, Indiana
Class II B A-A-1, Stay Castle
SSC Express Class II B A-A-1,
Amy Haas, SSC Express Class
II B A-A-1, Carolyn Rogers, SSC
Express 2, Rose Murphy, SSC Ex-
press Class II Children A-A-1,
Amy Hockensmith, SSC Express 2,
Sara Miller, SSC Express, Class II
Seasons B-A-1, Shannon Elbert,
Gwen By Mora, S-A-1, Diane
Gardner Derby City SSC, Debbie
and Christopher L., Kristen
Pawelski, North Creek SSC
Class II A, All events—1, Roger
Class II Children All events—1,
Jacqueline

KENTUCKY STATE RSC CHAMPIONSHIPS

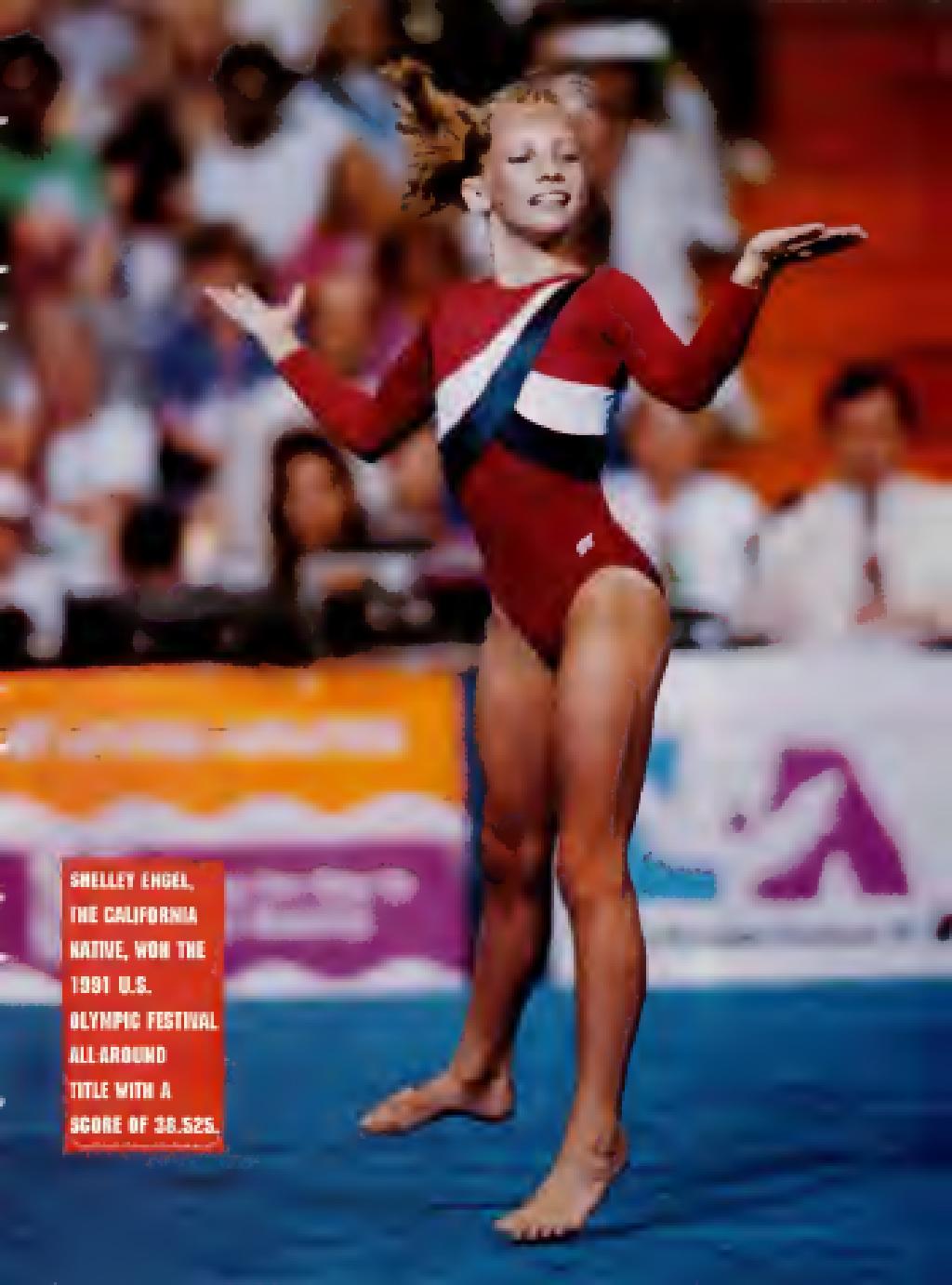
February 3-10, Louisville, Ken-
tucky Class 1 & 2 A.A.—1. Jennifer
Sawyer, Sierra Tumors, 2, Linda
Hudson, North Coast R.R., 3. Sam-
erry Parikh, Sierra Tumors, Class 1
4. A.A.—1. Margarita Gómez,

U.S.'91 OLYMPIC FESTIVAL

The nation's finest athletes gathered in Los Angeles, Calif. from July 12-21 to compete in the U.S. Olympic Festival—'91. This competition mirrors the Olympic Games in both structure and format. The U.S. Olympic Festival has today become America's foremost amateur sports showcase. The 10-day event features more than 1,200 coaches and trainers assisting 3,000 athletes, as they compete in 37 sports for 2,114 medals.

The rhythmic competition was held July 13-14, the men's competition on July 18 and 20 and the women's competition took place on July 19 and 21—all on the beautiful UCLA campus.

BY LOAN PESZEK



SHELLEY ENGEL,
THE CALIFORNIA
NATIVE, WON THE
1991 U.S.
OLYMPIC FESTIVAL
ALL-AROUND
TITLE WITH A
SCORE OF 38.525.

SOUTH SWINGS AHEAD

The women's team competition at the U.S. Olympic Festival-'91 was extremely competitive. Each of the four teams was in the lead at some point during the competition.

After round one, the West team led, round two the East team and round three the North team. However, the South team, which was in last place after rounds one and two, pulled to the lead after the final and most important round to win the team competition.

The South team's last event was bars and Kim Bonaventura started the momentum flowing with a score of 9.40. Lanna Apisukh added a 9.625 to the team score, followed by Li Li Leung's 9.675. Next up was Denise Pierre, who scored an impressive 9.79. Kristin Duff and Heidi Hornbeck followed with scores of 9.625 and 9.575, respectively. The



Champion South Team's Lanna Apisukh, Heidi Hornbeck, Li Li Leung, Kim Bonaventura, Denise Pierre and Kristin Duff

©1991 Sports Illustrated Inc.

South team's bars catapulted them to the winner's stand.

Coach Kevin Brown said, "We were in last place after the first two rounds. I knew bars was our best event and we had to hit."

The South team's final score was 189.9 to the North team's 189.575. The East and West teams were right behind the leaders with scores of 188.35 and 188.775.

The North team included Juliet Bergeron, Gina Jackson, Jennifer Marder, Marisa Noutsos, Summer Reid and Tiffany Simpson and was coached by Desert Devils' Jon Atkin.

Coached by Debbie Katschuck from Cypress Academy, the East team included Leslie Angeles, Katie Fitzpatrick, Linda French, Sumire Metz, Tracy Sommer and Charlie Stach.

The West team coached by SCATS Julie Knight included Amy Chow, Shelley Engle, Lorraine Fontaine, Cari Loppen, Karen Lichey and Molly Shawen.

ALL-AROUND

The hometown favorite, Shelley Engle, made her fans proud by winning the all-around championship title with a score of 34.525.

It was touch and go for Engle after round two, when she missed her Yagpov series on bars and tumbled to the ground, scoring only a 9.10.

However, this 15-year-old fought back with all her might to post scores of 9.875 and 9.75 on beam and floor, respectively.

Engle's beam routine included a round off flip flop motif, a flip flop layout, a

cartwheel side flip (which is a completely blind move) and a round off double back dismount. Her difficulty on beam was unmatched at the U.S. Olympic festival.

On floor, Engle's passes were a full twisting double back, a whip back to two flip flops double back and she dismounted with a double back.

"I was really happy when I heard I won," said the always smiling Engle. "I knew after my fall on bars that I had to do well on beam and floor."

Engel, from SCATS Gymnastics in Huntington Beach, Calif., admits that this was her most exciting competition thus far. Coach Don Peters said, "Shelley is the easiest to work with that I've ever had in my 23 years of coaching. She's always been



Jennifer Marder

ing, pleasant, happy and gives 100 percent."

Another hometown favorite, Denise Pierno, earned the silver medal in the all-around with a score of 38.375—15 tenths of a point behind Engel. Being Pierno's top finish in a national competition, she said, "It's my hometown and I wanted to do well."

And she certainly did, scoring the top score of the competition on bars, 9.75.

"That's the best score I've ever received on bars," said 15-year-old Pierno.

A Contra Costa native, Pierno trains at Charter Oak Gliders with her coaches Steve and Beth Rybacks.

The bronze all-around medal was awarded to 17-year-old Jennifer Mercer from Parkersburg, Allentown, Pa. Mercer scored a 38.30—only 25 tenths of a point from the winner. Her highest score of the competition was a 9.80 on balance beam.

"I'm very happy with today," said Mercer.

In her third year on the national team, Mercer is

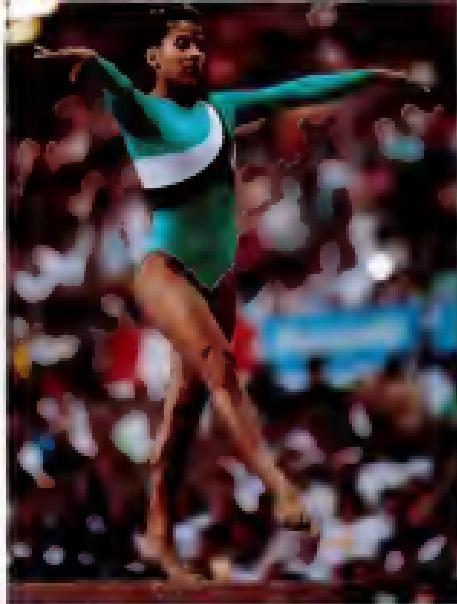
coached by Bill and Doreen Straus.

Suzanne Metz, from American Twisters in Pompano Beach, Fla., earned fourth-place all-around with a score of 38.275 in her last USGP competition. Metz, 18, is coached by Tim Reid and will attend the University of Utah in the fall.

Kristin Duff, 14, placed fifth with a 38.15. Duff trains at Karen's Gymnastics in Fairfax, Va., and is coached by Milton Staszewich. Duff throws an Arabian double front on floor. To our knowledge, she's the only U.S. female to ever compete this skill.

With a score of 38.075, Summer Reid and Chelie Stack tied for sixth position. Reid, 14, trains in Sparks, Nev., at Hippo Gymnastics with her coach Neil Resnick.

Stack, 17, at the time of the competition, trains at Cypress Academy in Houston, Texas, with Debbie Katschuck. Stack was in the lead after round two of the competition, but fell on her full twisting double back on floor



Denise Pierno—Olympic Festival Beam Champion

and scored a 9.65, which pulled her down in the standings.

Rounding out the top 10 were Desert Devils' Tammy Simpson, North Stars' Tracy Sommer and Arizona Gymnastics' Larissa Fortuna.

FINALS

Finals, which featured the top six gymnasts in each event from the all-around competition, drew 6,225, the largest gymnasium crowd for the festival. And the crowd didn't grow weary disappointed.

On vault Kristin Duff executed a Yurchenko layout full for the first vault, 9.275, and a Yurchenko layout for the second vault, 9.35, for an average score of 9.407.

Chelie Stack led the pack on bars with a score of 9.70. Stack throws a Tkatchev, Voevodina, giant full pivots and diamonds with a full twisting double back fly.

Her routine was the most consistent of the competition.

Denise Pierno earned the beam gold medal with a 9.775, the highest score of the competition. Pierno's routine includes a press mount, flip flop, layout, layout series, one and three-quarters wall turn, a gainer layout and dismounts with a round off, flip flop, double back. Unfortunately, Pierno injured her heel on the landing and had to walk with crutches onto the awards stand.

Beth Rybacks said, "She finally did her beam routine like she does it in practice all the time."

Floor exercise went to Shelley Engel with a score of 9.75. Engel earned a total of three medals—two gold for the all-around and floor and a silver on beam.



Chelie Stack—Olympic Festival Bars Champion

U.S. OLYMPIC FESTIVAL-'91

NORTH STORMS BACK

It was a battle between the East and the North teams for the men's championship title at the U.S. Olympic Festival—'91.

The East team, coached by Dennis McIntyre, took an early lead on rings with Jason Christie scoring 9.35, Mark Saylor 9.3, J.D. Rowe 9.2, Kerry Hudson 9.1, Marcus Jordan 9.05 and Kyle Asano 9.35. However, the North gained the lead after rotation three, high bar, by six tenths of a point.

The East team dominated after the fourth round

by a half of a point, but the North team stormed back to the lead position and remained in the top spot through the end of the competition.

It was an exciting and unpredictable team competition and the North team won with a score of 278.1 to the East team's 275.5.

North team members included Drew Durbin, Jair Lynch, Steve McColl, Kap Simons, Greg Umphrey, and Jason Walfield. The North team was coached by Henrik Vanetoyan.

The bronze medal winners

from the West team, coached by Seicho Hamada, included Barry Drisk, Dennis Hansen, Tom Madows, Tyler Vogt and Brian Yee.

Scoring 270.95, and in fourth place, was the team from the South. The South, coached by Tim Erwin, included Ricardo Chavel, Jason Cohen, Jamie Ellis, David St. Pierre and Jay Thornton.

ALL-AROUND

In the all-around competition, Jair Lynch from Stanford University won

the title with a 37.15. Earning two titles in two years, 1990 U.S. Junior National Champion and 1991 U.S. Olympic Festival Champion, Lynch felt great about the win.

"For the first time I feel older than everyone else," said 19-year-old Lynch. "Coming back into a team environment is nice. I tried to help out the younger guys."

Lynch scored the high-point of the competition, a 9.85 on pommel horse, which also happens to be his favorite event. His



Jair Lynch added three more gold medals to his all-around and team golds during the event finals.



The team from the North won the team championship title.

lowest mark of the competition was a 9.30 on rings. Coached by Sadao Ikematsu, Lynch is a junior in the engineering program and plans to beef up his routines in order to make the 1992 Olympic Team.

Dennis Harrison, from the University of Nebraska, was leading the competition after round four but was overtaken by Lynch when he made mistakes on high bar and scored only an 8.70. Harrison, 19, earned the silver medal in the all-around with a 56.25.

"I'm fairly happy with my performances," said Harrison. "I wasn't prepared for high bar. I've been having trouble with my dismount. I don't have the confidence I need."

The veterans of the group at age 24, David St. Pierre, earned the bronze medal with a score of 55.90. St. Pierre led the competition during the first two rounds but had problems on vault and parallel bars, scoring an 8.85 and an 8.60,

respectively.

"I'm a little disappointed," said St. Pierre. "On vault I went for the Katsamatis full twist and I should have played it safe and done just a plain Katsamatis."

Currently, St. Pierre trains at Broadway Gymnastics School in California with Vanesyan. St. Pierre graduated from UCLA and has a degree in anthropology and a minor in business. He's doing private gymnastics training with adults now, but would like to get into the movie business.

Kyle Asano from Stanford Gymnastics Club took fourth all-around with a 55.80. Twenty-year-old Asano, coached by Ikematsu, scored a 9.75 on high bar complete with a Gaylord and triple back dismount. Asano's downfall was floor, 8.70, and vault, 8.95.

Fifth all-around went to Marcus Jordan with a 55.50. Jordan, 20, attends the Uni-

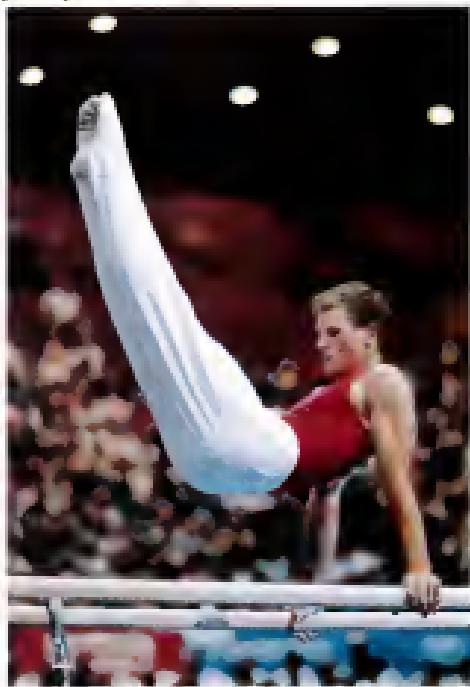
versity of Oklahoma and is coached by Greg Bawick. His highest scoring events were rings and high bar with scores of 9.55 each. Jordan took a fall on pommel horse scoring only an 8.40, which held him back in the all-around standings.

Brian Yee, 17, from Culver's Gymnastic Center Houston, Texas, finished sixth in the all-around with a 55.0, followed by Steve McCann with a 54.65. McCann, 17, trains with coach Tim Erwin at Houston Gymnastics.

Rounding out the top 10 were the University of Illinois' Ricardo Chapel, Drew Durbin from Columbus Gymnastics Academy and Tom Meadows from the University of Oklahoma.

FINALS

Jar Lynch added three more gold medals to his all-



Dennis Harrison earned the all-around silver medal.

around and team golds during the individual event finals. Lynch's free gold medals ties the Olympic Festival gymnastics record set by Scott Johnson in 1983 and Bill Roth in 1988.

"This is a very important meet for me," said Lynch. "It will help my confidence. Now, when I go into meets with the older guys, I'll feel more prepared."

Lynch won pommel horse with a score of 9.90. His strength on this event is his longitudinal travel work. His mount is a very complicated sequence involving a Magyar travel with half turn over each pommel. His difficulty and originality was superior to the other competitors outdistancing the second placed finisher by .25 of a point.



DOGP Photo © Dennis Black

David St. Pierre won the bronze medal in the all-around.

Lynch won parallel bars with a score of 9.70. He dismounted with a well executed double front salto. Lynch has a smooth style making difficult skills look easy.

Again Lynch's high bar routine contained a high degree of difficulty and originality resulting in a score of 9.70. He does a Tkatchev catch in a mixed grip to an immediate Endo. Lynch dismounts with a fluffy front brush out.

Kerry Hustedt woke up the crowd quickly with his opening floor pass which included a front handspring, front handspring, piked one-and-three-quarters salto. Now, with the crowd warmed up, Hustedt came back with his most difficult pass—front handspring, layout front, layout front, front one-and-a-quarter. He dismounted with a full twisting double back.

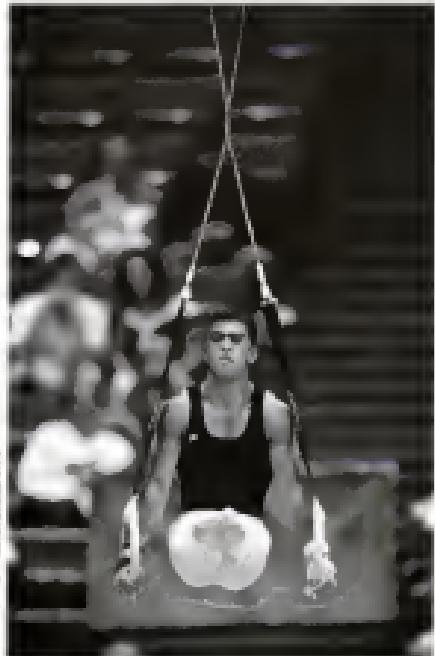
This routine earned Hustedt a 9.63 and the gold medal.

Dennis Harrison won vault, 9.60, with his layout Keenatsu. He combined a rare combination of height, distance and stretch on his vault.

Jason Whitfield was by far the crowd's favorite of the evening, winning rings with a score of 9.60. For the first time in this country, Whitfield used cross cable work with strength. He pressed in an inverted cross and turned 180 degrees while remaining on the invert.

"I've been doing this sequence since September," said Whitfield. "Nobody else does it so maybe one day it will be called the Whitfield."

From the reaction of the crowd and the judges score, we'll see a lot more of the cross cable work in future competitions.



©O'Donnell, William Sollner 1991

Jason Whitfield won rings with his innovative cross cable work.

OLYMPIC FESTIVAL-'91

WOMEN'S ALL-AROUND RESULTS

#	NAME	TEAM	SCORE
1	Shelley Engel	West	38.625
2	Denise Pierro	South	38.375
3	Jennifer Mercier	North	38.300
4	Suzanne Metz	East	38.275
5	Kristin Duff	South	38.150
6	Suzanne Reid	North	38.075
6	Chelle Stock	East	38.075
8	Tiffany Simpson	North	37.975
9	Traci Sommer	East	37.925
10	Larissa Fontaine	West	37.875

Vault

1	Kristin Duff	9.625
2	Chelle Stock	9.587
3	Marta Neubauer	9.450

BALANCE BEAM

1	Denise Pierro	9.775
2	Shelley Engel	9.700
3	Jennifer Mercier	9.700

UNEVEN BARS

1	Chelle Stock	9.700
2	Kristin Duff	9.675
3	Cara Jackson	9.575

FLOOR

1	Shelley Engel	9.750
2	Traci Sommer	9.675
3	Jennifer Mercier	9.580

MEN'S ALL-AROUND RESULTS

#	NAME	TEAM	SCORE
1	Jair Lynch	North	57.15
2	Deane Harrison	West	56.25
3	David St. Pierre	South	55.90
4	Kyle Asano	East	55.80
5	Marcus Jordan	East	55.50
6	Brian Yee	West	55.00
7	Ricardo Chedid	South	54.65
7	Steve McCann	North	54.65
9	Drew Durbin	North	54.35
10	Tom Meadows	West	54.30

FLOOR

1	Kerry Huston	9.65
2	Jair Lynch	9.50
2	Marcus Jordan	9.50

Vault

1	Deane Harrison	9.60
2	Marcus Jordan	9.50
3	Jay Thornton	9.30

Pommel Horse

1	Jair Lynch	9.90
2	David St. Pierre	9.65
3	Greg Umphrey	9.50

Parallel Bars

1	Jair Lynch	9.70
2	Kyle Asano	9.60
3	Marcus Jordan	9.40

Still Rings

1	Jason Whetford	9.80
2	Tom Meadows	9.70
3	David St. Pierre	9.65

Horizontal Bar

1	Jair Lynch	9.85
2	Kerry Huston	9.80
3	Drew Durbin	9.70



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U.S. OLYMPIC FESTIVAL-'91

LOVELL STAYS HOT IN L.A.

The U.S. Olympic Festival-'91 not only determined the event's medal winners but also determined the top three senior gymnasts who would compete in the 1992 Rhythmic World Championships on October 9-13. The competition was intense!

The weather in Los Angeles was hot and so was Jennifer Lovell as she maintained her dominant role in U.S. rhythmic gymnastics. Lovell's dramatic and expressive routines earned the all-around gold medal at the '91 U.S. Olympic Festival. She also received the highest score, a 9.50 in rope, of the two-day competition.

Coach Irina Vdovets of the Illinois Rhythmic said, "This is the best set Jenifer has had so far and this is only the beginning." Vdovets has high expectations for Lovell including the upcoming Pan American Games and the Rhythmic World Championships.

"Jenifer is a very expressive, emotional and dedicated gymnast," said Vdovets. "She hasn't missed one day of practice in over a year."

Lovell scored a 73.60 all-around, nearly two points above her closest competitor. She said, "This is a fun sport."

When asked about her unique style, Lovell said, "I let out my personality in my routines. I'm shy to talk to people but I let it out in my routines."

Lovell, originally from Miami, Fla. but transplanted



Jennifer Lovell dazzled the crowd to become the '91 U.S. Olympic Festival Champion.

herself to Evanston, Ill., so that she could train with the Illinois Rhythmic. However, dad, with video in hand, plus mom and both sisters usually make the trip to see Jennifer compete.

"Take my family to beat the competition," said Lowell. "I watch the videos my dad takes and they really help."

The current national champion and now Olympic Festival champion is eager to hit her routines in Athens, Greece, during the Rhythmic World Championships. "My goals are to just hit my routines," said Lowell. "Then I can see where I stand."

Lowell plans to change her clubs routine next year so that she'll have two dramatic routines and two "fun" routines. Currently, the only routine that she classifies as upbeat and fun is her hoop routine. "My other three routines are dramatic and serious," she said. "I want to have a better balance next year."

Naomi Hewitt-Couturier earned the silver medal in the all-around with a score of 71.75. Naomi's style



Silver medalist in the all-around, Naomi Hewitt-Couturier

is very different from Lowell's style. Naomi describes her style as not dramatic but fast-paced and fun. Naomi trains at United Nations International School in New York.

Hewitt-Couturier said, "The best part of the Olympic Festival is being on a team, competing with the

other rhythmic gymnasts, and meeting athletes in other sports."

Her highest scoring event of the competition was rope with a 33. Naomi had a problem with her hoop routine when the apparatus went out of bounds. She scored an 8.45, just enough to edge out the bronze medalist, Diane Simpson, who scored a 71.60.

Simpson, 22, is the 1990 U.S. Olympic Festival champion and former Olympian.

Coach Vdovcik said, "All athletes have their ups and downs and it's necessary to overcome those."

Simpson, who's been in the sport for nine years, will attempt to overcome her "down competition" from the Olympic Festival when she, Hewitt-Couturier and Lowell compete at the World Championships.

Fourth place in the all-around went to Christy Neuman from United Gymnastics Academy in Jacksonville, Fla. Neuman, 14, coached by Martin Davidovich, scored a 69.60

in the all-around.

Bianca Sappetito, 15, trains with the California Breeze in San Pedro, Calif. She is coached by Lydia Bres. Sappetito scored a 69.30 for fifth place in the all-around.

The top all-around junior gymnast was Caroline Hunt from Illinois Rhythmic. The junior competed in three events the first day—rope, hoop and ribbon—and two events the second day—ball-and-chairs. Hunt scored 43.30 in the all-around with her highest score being a 9.0 in clubs.

Theresa Bacikova, from the Miami Twisters, earned second overall for the juniors with a score of 41.25.

Lily Chiang, one of the smallest competitors participating in the Olympic Festival at 4-6 and 88 pounds, was selected to light the torch during the Olympic Festival Opening Ceremonies. Chiang is the only rhythmic gymnast ever honored with this duty.

Many thanks go to Valerie Zimring, 1984 Olympian and the local host coordinator, for organizing the rhythmic competition.

SENIORS

Place	Rank	Athlete	Score
1	Sr.	Jennifer Lowell	73.60
2	Sr.	N. Hewitt-Couturier	71.75
3	Sr.	Diane Simpson	71.60
4	Sr.	Christy Neuman	69.80
5	Sr.	Bianca Sappetito	69.30
6	Sr.	Franco Abbaticchio	69.15
7	Sr.	Kristi Alt	68.60
8	Sr.	Lily Garcia	65.50

Seniors competed in 8 events.

JUNIORS

Place	Jr.	Athlete	Score
1	Jr.	Caroline Hunt	43.30
2	Jr.	Theresa Bacikova	41.25
3	Jr.	Tamara Lachossa	40.65
4	Jr.	Christ Tastry	39.85
5	Jr.	Jessica Davis	39.60
6	Jr.	Alison Taylor	39.00
7	Jr.	Sally Alison Ward	38.65
8	Jr.	Lily Chiang	29.80

Juniors competed in 5 events.

1991 PAN AMERICAN GAMES

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GYMNASTICS FLASH RESULTS

WOMEN'S TEAM RESULTS

1. USA	380.75
2. Cuba	376.675
3. Canada	373.825

MEN'S TEAM RESULTS

1. Cuba	580.550
2. USA	575.450
3. Mexico	558.300

WOMEN'S ALL-AROUND

1. Stephanie Woods USA	38.600
2. Chelle Stuck USA	38.525
3. R. Falocchi ARG	38.400
4. L. Parente BRA	38.325

MEN'S ALL-AROUND

1. Erick Lopez CUB	58.30
2. Jose Tejada CUB	58.10
3. Felix Aquilera CUB	57.75
4. Mike Ricardelli USA	56.90
4. Trent Dennis USA	56.90
4. Mark Warburton USA	56.80

WOMEN'S EVENT FINALS

RAIL

1. L. Parente BRA	9.375
2. Woynarswki USA	9.362
3. Jennifer Wood CAN	9.350

RINGS

1. L. Parente BRA	9.775
2. Mylene Fleury CAN	9.625
3. H. Anderson USA	9.625

BEAM

1. S. Woods USA	9.700
1. L. Gonzalez CUB	9.700
3. O. Jimenez CUB	9.680
3. L. Portocarrero GUA	9.650

ROPE

1. Chelle Stuck USA	9.700
2. D. Nunez CUB	9.625
3. G. Besada CUB	9.600

Men's Event Finals

FLOOR

1. Mike Ricardelli USA	9.700
1. Darian Moreno CUB	9.700
3. Trent Dennis USA	9.550

POMMEL HORSE

1. Jose Tejada CUB	9.800
2. Felix Aquilera CUB	9.750
3. D. Minutti USA	9.700

STILL RINGS

1. Darian Moreno CUB	9.900
2. Erick Lopez CUB	9.825
3. Bob Shultz USA	9.625

WVLT

1. Erick Lopez CUB	9.750
2. Camilo Suarez CUB	9.737
3. Victor Colon PUR	9.700
3. A. Peniche MEX	9.700

PARALLEL RIMS

1. D. Minutti USA	9.675
1. Erick Lopez CUB	9.625
3. Felix Aquilera CUB	9.600
3. Luis Lopez MEX	9.600
3. I. Barrondo ARG	9.600

HIGH BAR

1. Felix Aquilera CUB	9.900
2. Luis Lopez MEX	9.800
3. Trent Dennis USA	9.750



Stephanie Woods—1991 Pan American Games All-Around Champion and gold medalist on balance beam.



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GYMNASTICS UPDATE

FIG CHANGES FUTURE WORLD CHAMPIONSHIPS FORMAT

By Susan Polakoff

The 1991 World Gymnastics Championships will be the last of its kind until 1995. The International Gymnastics Federation has altered the format of the World Championships, a decision officials say will have "far-reaching and long-term effects on the sport."

After 1991, the event will occur every year instead of alternating years. Each year's World Championships will use a different format. For example, the 1991 World Championships will feature team, all-around and individual event finals. Next year's event will only consist of individual event finals. Individual all-around champions from Indianapolis will automatically qualify for the 1992 World Championships in Paris. The schedule and format is as follows:

YEAR	HOST CITY	FORMAT
1991	Paris, France	Individual Event Finals All-Around & Individual Event Finals (team compulsories)
1992	Birmingham, England	Team & All-Around
1993	TBA (Autumn)	Team & All-Around
1994	TBA (Spring)	Individual Event Finals
1995	Tokyo, Japan	Team, A.A. & Individual Event Finals

"The FIG wants athletes to remain in the sport and prolong their competitive lives. The change allows greater flexibility in creating new opportunities for athletes," said Mike Jaki, vice president of the FIG and president of the 1991 World Gymnastics Championships organizing committee.

KRISTIE PHILLIPS

By Jennifer Hedley

A few years ago, Kristie Phillips was known not only for her gymnastics ability, but for her cute, girlish appearance that stunned crowds and captured attention. Now, she's growing up.

Kristie, currently a second-year freshman at Louisiana State University, has started a new era of her life. She is living on her own in an off-campus apartment, with her best friend Beth Mire.

Kristie is majoring in theater and physical therapy, with a minor in psychology. "I want to be an actress," she said. "The physical therapy is to fall back on."

Kristie, along with LSU gymnastics coach D-D Pollack, has been working with the NCAA to obtain gymnastics eligibility.

In the meantime, one of



Kristie's newest adventures at LSU is making the varsity cheerleading squad. "I love it. It's so much fun," she said. One of the reasons she likes being a cheerleader is that she gets to show her personality. "I get to dance, show off a little and be in front of a crowd," she said.

Kristie may still be capturing crowds and performing for audiences, but one thing's sure—Kristie Phillips is not a little girl anymore!

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CHRISTY HENRICH RETIRES

By Jennifer Hadley

One might not think that a 4'11" girl would be much of a physical threat, but 19-year-old Christy Henrich is learning to be one.

Christy, who has replaced the twists and leaps of gymnastics with the kicks and blocks of taek-won-do, retired from international gymnastics last year after a relapse of mononucleosis left her both physically and mentally drained. "My body had had it," Christy said, explaining that mononucleosis and other problems were taking their toll on her performances.



Christy Henrich

Christy, whose brother Paul is a second-degree black belt in taek-won-do, said that gymnastics and taek-won-do are different in every aspect, ranging from length and formality of work to tournaments. Another big difference is that martial arts require fixed toes, instead of the classic pointed toes of gymnastics. "That was difficult for me to get used to," she said.

Her first tournament is September in Omaha, where she will compete against other athletes in sparring matches. "It might be a little difficult sparring because I'm small," she said, "but I'm stronger than I look." Christy sees this as a possible advantage because her opponents will not expect her to be as strong as she is.

Since Christy's retirement, she has also gotten engaged to her boyfriend of two and one half years, 20-year-old Bo Morris. They are planning for the spring of next year. Bo, who takes taek-won-do lessons with Christy, is cartoonish looking for a syndication opportunity. If his work is eventually animated, Christy will be doing the voice of one of his characters, a bug named Turley.

Christy has also been attending Blue Springs Longview, a community college in Missouri, where she is majoring in physical therapy.



Kings, Queens, Presidents and Prime Ministers aren't the only royalty invited to the White House. The red carpet is also rolled out for the "First Lady" of American gymnastics—Mary Lou Retton. Retton enjoys a private moment with First Lady Barbara Bush.

RUSTY MITCHELL INTO HALL OF FAME

Rusty Mitchell, who celebrated his 25th year as men's gymnastics coach for the University of New Mexico, was the 42nd inductee into the Albuquerque Sports Hall of Fame.

Mitchell, who was inducted into the National Collegiate Hall of Fame in 1985, is a 1964 graduate of Southern Illinois University. Mitchell has been the U.S. Olympic coach twice. He was also head U.S. coach at the World University Games in 1973 and the World Games in 1974.

In addition, he was the first gymnast ever to successfully perform a double backflip in Olympic competition (Tokyo, 1964). Mitchell also won three individual NCAA titles while he was a Sabuk at SIU, under coach Bill Moede.

He also was the Midwest/College Coach of the Year three times in the past five years.



COACHES AND ATHLETES OF THE YEAR

The Athlete and Coach of the Year awards were presented at this year's U.S. National Championships banquet in Cincinnati, Ohio. The selections were made by the respective U.S. National Team Coaches and U.S. National Team Members.



MEN'S COACH OF THE YEAR

Art Sharlock
UCLA



MEN'S COACH OF THE YEAR

Yefim Furman
UCLA



MEN'S ATHLETE OF THE YEAR

Chris Waller
UCLA



WOMEN'S COACH OF THE YEAR

Tony Gehman
North Stars



WOMEN'S ATHLETE OF THE YEAR

Sandy Woolsey
Desert Devils



WOMEN'S ATHLETE OF THE YEAR

Kim Kelly
Parkettes

UP AND COMING AWARD

Each year the Women's Sports Foundation presents "Up and Coming Awards" to 10 female athletes who have distinguished themselves in their sport and have shown promise of becoming America's next world champion.

This year, 14-year-old Shannon Miller from Edmond, Okla. was presented this award in the artistic category. This award honors Miller's impressive development and exceptional performance in gymnastics.

Miller, at age 13, was the first American to win the all-around title at the 1990 Cotana Cup competition in Italy. Steve Nunn is Shannon's coach at Dynamo Gymnastics. Miller also maintains a 4.0 grade point average in school.



Shannon Miller

In addition to the "Up and Coming Award," the Women's Sports Foundation also selects individuals into the WSF Sustained International Women's Sports Hall of Fame.

This year two former gymnasts were selected into the Hall of Fame—Muriel Grossfeld in the coaches category and Vera Caslavska in the contemporary athlete category.

Grossfeld, a three-time Olympian and three-time Olympic Coach, currently serves as a USGF Elite Clinician who travels the country to assist national team members. As a breast judge, she is also a member of the USGF National Training Camp staff. These are just a few of Grossfeld's many accomplishments and contributions to the sport of gymnastics.

Caslavska is one of the few women to win consecutive Olympic all-around titles. She dominated the 1964 and 1968 Olympic Games as well as the 1966 World Championships. Caslavska was the only female gymnast from Czechoslovakia to win a World or Olympic all-around title and she won four medals in '68 and another six in '72.

IN THE NEWS

MIKE JACKI ELECTED TO ATLANTA COMMITTEE FOR THE 1996 OLYMPIC GAMES

United States Gymnastics Federation's Executive Director, Mike Jacki, has been selected by the United States Olympic Committee to serve on the Board of Directors for the 1996 Olympic Games.

Jacki, along with Sandy Baldwin, were the only two members elected to the board. Other board members include Mr. Andrew Young, Mr. Robert M. Holden, Bishop John Husar Adams, Mr. Edward W. Bowen, Mr. Hugh M. Chapman, Dr. John P. Creasey, Mr. A.W. Dahlberg, Ms. Anita DeFranco, Mr. Robert H. Helmick, Mr. Jessie Hill, Jr., Ms. Cecilia Corbin Hunter, Mr. R. Wilson Ide, III, Mr. Ronald L. Kline, Mr. Raymond J. McClouden, Mr. James B. Miller, Mr. William Porter Payne, Mr. Michael P. Fleet, Mr. Robert L. Roosden, Mr. James Reynolds, III, Mr. D. Raymond Riddle, Dr. Harvey W. Schiller, Ms. Membrane A. Sharpe, Mr. Horace Shibley, Dr. LeRoy T. Walker, Mr. Perry Tolles.



JULISSA GOMEZ

The USGF would like to extend our deepest sympathy to the Gomez family due to the recent death of their eldest daughter, Julissa D'Anne Gomez. Julissa passed away August 8, 1991.

Julissa was a member of the U.S. Junior National Team and placed fourth in the all-around at the 1986 U.S. Gymnastics Championships. She also placed second all-around at that year's American Classics.

In 1987, her first year competing as a senior, she finished 10th at the U.S. Gymnastics Championships.

As a national team member, she competed in Spain, France, and Canada. Julissa also competed at the 1986

U.S. Olympic Festival, finishing 2nd in the all-around. She won a silver medal on the balance beam at the 1987 Mardi Gras Invitational in Baton Rouge, and two bronze medals in the all-around and the floor exercise.

Julissa last competition was in May, 1988 at the World Sports Fair in Japan where she was severely injured during warm-ups for the vaulting competition.

Contributions can be made to the Sunshine Foundation, P.O. Box 255, Loughman, Florida 33838. Please indicate donations are on behalf of Julissa Gomez. The Sunshine Foundation is a support organization for terminally ill children.

HALL OF FAME INDUCTEES

HYBRIDESZTYNA

Four individuals were inducted into the Amateur Athletic Foundation of Los Angeles Hall of Fame.

Lou Borda (Gymnast/Contributor)-1948 Olympian; Comiskey Hall of Fame (1979-Gymnastics Judge) 3 times Eastern Intercollegiate Gymnastics League P-Bars Champion on two Penn State NCAA Championship Teams (42 & '43).



Les Savary (Contributor)-Executive Director National Gymnastics Judges Association ('77-'84), USGF Executive Committee and Board of Directors ('75-'83); produced 10 High School Championship Teams; Coach of the Year NHSGA; Comiskey Hall of Fame Award, 1974; (Teacher, Health & Physical Education)



Gregg Weisz (Gymnast/Coach)-1968 Olympian; Pan Am Gold Medalist; '79 and World Games Team; NCAA AA Champ '81; 3 time Eastern Intercollegiate Gymnastics League AA Champion; Penn State graduate; Former Coach at the Air Force Academy; U.S. Elite Coach for Women (Club Owner); Won Mr. Annapolis Contest-1991.



WOMEN'S U.S. CLASSIC NATIONALS

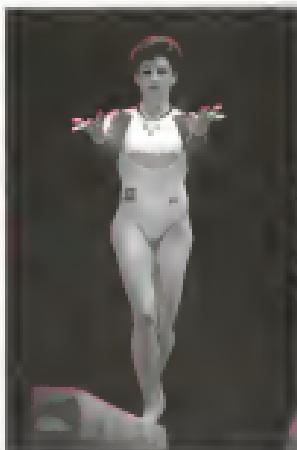
U.S. Classic Nationals took place in Huntington Beach, Calif. on May 16-19. Below are the results.

SENIORS

#	Name	Club	Score
1	Kim Kelly	Parkettes	76.600
2	Sharon Miller	Dynasty	75.100
3	Jennifer McCormick	Eastern Nat.	75.000
4	Jennifer Mercer	Parkettes	75.000
5	Shelley Drigel	SCATS	75.000
6	Cherishousa Downey Hills Angels	74.110	
7	Juliet Bergeron	Desert Devils	74.000
8	Debbie Frazee	Charter Oak	74.000
9	Bonnie Metz	Amer. Twst	74.000
10	Michele Campi	Posture Gym	74.000
11	Maria Nataleau	Coast Amer.	74.000
12	Misty Marinak	Capital Gym	74.000
13	Jenny Hansen	Northland	74.000
14	Sophia Anne Woods	Capital Gym	74.000
15	Heather Kelsack	Amer. Twst	74.000
16	Wendy Bruce	Brown's Gym	74.000
17	Amy Myrman	New Eng.	74.100
18	Cara Jackson	Dynasty Gym	74.100
19	Erikson Gause	Amer. Twst	74.100
20	Sam Bonnerstone	Gymnastics Ass't	74.140
21	Rocky Brown	Southwest Gym	74.150
22	Li Li Leung	North Star	74.200
23	Leslie Angeles	Blue Gym	73.900

JUNIORS

#	Name	Club	Score
1	A. Moynanowski	North Stars	73.725
2	Taylor Sosnowski	Desert Devils	73.700
3	H. McDermott	Parkettes	74.075
4	Kristen Duff	Kecon Gym	74.000
5	Cara Lappin	CATS	73.900
6	Sarah Belogoch	Parkettes	73.800
7	Laura French	Kathy's	73.600
8	Rebecca Kolbush	Harford Gym	73.475
9	Laura Apuzzo	Brown's Gym	73.400
10	Heek Hornbeck	Amer. Twst	73.375
11	Cheri Spauld	Coast Amer.	73.400
12	Karen Lalley	Capitol Gym	73.375
13	L. Serepanowski	Great Lakes	73.325
14	Jessica White	Gym Country	73.150
15	Natalie Sung	Artz Twisters	73.100
16	Amy Chase	West Valley	73.025
17	Kristi Fitzpatrick	Queen City	73.000
18	Lia Vassilopoulou	Amer. Twst	73.075
19	Cecily Hight	Rebels	72.575
20	Christine Ma	SCATS	72.500
21	Rachel Rothch	Gymnastics Ass't	72.400
22	Lisa Coates	North Stars	71.300
23	Mikie Priore	Will Moor	71.200



Kim Kelly

WORLD SPORTS FAIR

The World's Sports Fair took place on May 8-10 at Tokyo, Japan. The U.S. delegation included gymnasts Kristen Duff from Kecon's Gymnastics, Heidi Hornbeck from Arizona Sunnys, Kyle Asaro from Stanford Gymnastics Club, and Jour Lynch from Stanford University. The coaches were Milen Stanovich, Dan Wilenshain and Sadao Hamada and the judges included Mark Williams and Linda Beren.

In the women's all-around competition, China's Li Li won the all-around with an outstanding 39.40. Hornbeck finished in ninth with 37.625 and Duff placed eleventh with 36.65. Hornbeck finished eighth on bars, fifth on beam, and sixth on floor. Duff placed sixth on vault and sixth on beam.

Huang Liping from China was the men's all-around competition with a score of 57.60. Lynch finished seventh in the all-around with a score of 56.650 and Asaro finished 10th with a 54.80.

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INTERNATIONAL

PUERTO RICO CUP COMPETITION

By Judy Dobarsky

Before an enthusiastic crowd at the Gymnastics Training Center of Carolina in San Juan, Puerto Rico, Mama Neuhausser, 17, coached by Al Fong and escorted by Jay Becker of Great American Express, performed with elegance and grace placing third all-around behind the Puerto Rican favorite, 17 year-old Asla Canovas and the tiny 4'2" first place powerhouse, 12-year-old Claudia Russen.

Mama qualified in all four events and she received a gold medal on vault, silver medal on both bars and beam and narrowly missed a gold medal by .025 on floor, again coming the silver medal.

The team competition, for both men and women, was taken by Puerto Rico.

On the all-around victory stand for the men included a bronze medal finish by the U.S.'s 17-year-old Jason Whatfield in his first international competition. Jason is coached by Kurt Goldfarb of Concourse Valley. First place Victor Colon and second place Pedro Rosado along with Pedro Tait will make up part of the Pan American Team representing their country.

Jason showed some Super D and D combinations on rings and high bar. His originality on rings which centers around a full-twisting bar to a strength hold was rewarded with a first place in preliminaries. He earned two firsts on still rings and parallel bars, two seconds on pommel horse and high bar and two thirds on floor exercise and vault.



Jason Whatfield and Mama Neuhausser both had great performances at the Puerto Rico Cup competition.

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U.S. EARN TEAM SILVER

The U.S. men's team traveled to Barcelona, Spain for a Pro Olympic Invitational on July 25-26 and earned the team silver medal, finishing right behind the Soviet Union. The U.S. defeated Japan, Hungary, Spain and Germany.

Vitaly Scherbo won the gold medal in the all-around with a score of 116.575. Scherbo was followed by three of his teammates, Valeri Lukanin, Valeri Belenky and Igor Korobchinski. The top gymnast from the U.S. was UCLA's Scott Keswick who finished fifth with a score of 114.225. Keswick also earned the bronze medal on parallel bars. Lance Ragsdale from Gold Cup Gymnastics tied for seventh and University of Oklahoma's Jarrod Marks finished 15th.

URS	119.175
USA	116.575
JPN	116.575
HUN	116.725
ESP	116.825
GBR	113.975



PHOTO BY JEFFREY M. COHEN

The top gymnast for the U.S. was UCLA's Scott Keswick, who finished fifth in the all-around.

DUTCH OPEN COMPETITION

By Jon Bouton

The Dutch Open took place in The Hague, Netherlands. The U.S. delegation included gymnasts Molly Shawen, Dominique Dawes, Bobby Steiner and Mark McKerman. Coaches Steve Ellaberry, Keili Hill and Vicky

Fazzoli also made the trip, along with judges John Bouton and Carole Ida.

Dawes had a superb competition placing second in the all-around with a 39.087 and making all four event finals. She competed a Yurchenko full in finals but missed a front handspring front and had to settle for fourth place. On bars Dawes upgraded her routine with an extra Yager and finished in sixth place due to an extra swing. With the only competition jitters gone, Dawes got down to business on the beam with a great routine for the silver medal. A small bobble on her mount cost her the gold. Tied for first going into finals on floor, Dawes had some tentative landings and dropped to third place.

Shawen placed 13th all-around with a 37.323. She made finals on uneven bars



Dominique Dawes silver medalist in the all-around.



PHOTO BY JEFFREY M. COHEN

Bob Steiner won the gold medal on floor exercise.

and finished in fourth place on that event.

First all-around was awarded to Bulgaria's Svetlana Miteva with a score of 39.161.

On the men's side of competition, the Soviet Union's Andrey Evakov earned the gold medal with a score of 56.15. Steiner finished sixth

with a 55.40 and McKerman placed 12th with a 53.45.

Steiner won the gold medal on floor with a stock full/in, back-out diamond. He also finished third on parallel bars and sixth in vaulting. McKerman had very strong routines on both pommel horse and parallel bars.

EVENT

RESULTS

SEIKO GRAND PRIX ARTISTIC AND RHYTHMIC COMPETITION

Melissa Grups from Great Lakes Gymnastics, Amy Murskam from Massachusetts Gymnastics Training Center, Bianca Sappo from

California Breeze and Kristi Alt from All-Stars competed alongside world-class gymnasts at the Seiko Grand Prix in Brisbane, Australia. John Geddes

and Bob Colaressa were the coaches, Connie Makiney was the women's judge and delegation leader and Nola Hiltz was the rhythmic judge.

Alt scored 33.8 in the all-around while Sappo finished with an all-around score of 32.40. Bulgaria's Diana Popova was the rhythmic competition with a score of 37.50.

Alt made both the hoop and rope finals, scoring 8.15 in hoop for eighth place and 8.325 in rope for seventh place.

In the artistic division, Romania's Lavinia Milosovici and Isabella Lazarus placed first and second in the all-around with scores of 39.75 and 39.125.

Melissa Grups finished with an all-around score of 36.575 while Amy Murskam scored 35.825.



Kristi Alt made both hoop and rope finals.

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SAFETY CERTIFICATION

SCHEDULED COURSES

Sunday, September 15, 1991

Indianapolis, IN - 8:00am - 3:00pm.

Bobbi Montanan (314)457-1229

Eddie Smith (314)879-2294

This course will be conducted in conjunction with the USGF Congress.

Friday, September 20, 1991

Fort Smith, AR - 2:00-8:00pm.

Flame Gymnastics Academy,

2912 S. 28th, Fort Smith, AR 72903

Course Dir. Scott Wimble (401)364-7723

Local Contact: Eric McMillan (401)364-7723

This course will be conducted in conjunction with the Arkansas State Coaches Meeting.

Sunday, September 21, 1991

1 Joppa, MD - 9:00am - 3:00pm

Hartford Gymnastics Ctr.

701 Whistler Mill Rd.

Joppa, MD 21085

(301)879-2718

Course Dir. John Perna (301)948-2771

2 New Haven, CT - 9:00am - 3:00pm

Southern Conn. State Univ., Pkwy Ctry,

New Haven, CT

Course Dir. Bob Bosch (203)267-4485

3 Rockaway, NJ - 9:00am - 3:00pm

CAN, Rockaway, NJ 07866

Course Dir. Cathy Finkel (201)586-1808

Friday, September 27, 1991

Kirkland, WA - 8:00-10:30am

Northwest Aerials, 12325 NE 124th St.

Suite E

Kirkland, WA 98034

Course Dir. Ruth Sander (206)456-4818

Local Contact: Patti Lunsford (206)453-2823

Sunday, September 28, 1991

1 Independence, OH - 9:00am - 3:00pm

Holiday Inn, Rockside Rd. & I-77

Independence, OH 44132-6020

Course Dir. Ron Canan (216)526-2997

2 Raleigh, NC - 10:00am - 3:00pm

North Raleigh Gymnastics, 7221 Beekley

Ctr., Raleigh, NC 27615

Course Dir. Dan Davis (919)960-9400

3 Arlington, TX - 9:00am - 3:00pm

Shannon Centre Park Hotel, Southern East

Drive, Arlington, TX

Course Dir. Jan Byman (617)694-4214

This course will be conducted in conjunction with the GAT Congress.

4 Pleasanton, CA - 9:00am - 4:00pm

Pleasanton Pleasanton, 5115 Highway Rd

Pleasanton, CA 94566 (415)460-8800

Course Dir. Hiroshi Fujimoto

(415)673-1694

Local Contact: Guy Gerlack

(415)673-4410

This course will be conducted with the USGF

August 1 Congress

Saturday & Sunday, October 19 & 20, 1991

Fargo, ND

American Gold Gymnastics

2001 17th Ave. S., Fargo, ND 58103

Course Dir. Curt Shrock

(701)256-8996

Local Contact: Marvin Sharp

(701)250-0400

Friday, October 25, 1991

Portland, OR - 1:00-8:00pm

Multnomah Athletic Club

5W 18th & Salmon

P.O. Box 390, Portland OR 97207

Course Dir. Ruth Sanders

(503)223-0218

Local Contact: Ryan Fleck

(503)223-4221

This course will be conducted in conjunction with the USGF Region II Mini-Congress.

Sunday, October 27, 1991

Chermis, MI - 9:00am - 3:00pm

Connex Gymnastics

1860 1/2 West Grand River, Suite A

Chermis, MI 48814

Course Dir. Diane Moskowitz (317)237-5026

Local Contact: Greg Ness (317)467-1234

Thurs., October 31 & Sun., November 1, '91

San Antonio, TX

Thurs.: 9:00-8:00pm

Sun.: 9:00a.m. - 3:00pm.

Course Dir. Diane Moskowitz

(210)227-9520

This course will be conducted in conjunction with the USGF Men's Program Committee meetings.

Sunday, May 17, 1992

Columbus, Ohio

Course Dir. Bob Montanan

(614)457-1229

This course will be conducted in conjunction with the US Gymnastics Championships.

*These courses are considered USGF National Courses...and therefore the participants will be charged the group rate of \$60.00 per person.

1. The lead book for the Certification Course is the USGF GYMNASTICS SAFETY MANUAL. This Instructional manual is to be purchased and studied prior to course participation.

2. The course will last approximately six hours, including the test.

3. Certification is good for four years.

4. The Course fee is \$100.00. USGF members and second cycle reaccreditation is \$75.00. Retest cost is \$35.00.

For groups of at least 5, contact the USGF Department of Safety and Education (217) 557-5800.

Participation Registration Form

Name: Mr./Ms./Ms. _____ Sex: Sex # _____

Address: _____

City: _____ State: _____ Zip: _____

Telephone: (H) _____ (B) _____

Course Director: _____

Course Location: _____ Date: _____

Organization Represented: _____

If USGF Member, List Type and Number: _____

Form of Payment: Check Visa Mastercard

Name on Card: _____ Number: _____

Expiration Date: _____ Signature: _____

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Mail Registration Form and Payment to USGF, Dept. of Education & Safety
P.O. American Plaza, 201B Capitol Ave., Ste. 300, Indianapolis, IN 46225

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Full teaching and coaching positions available, full and part time for both men and women. Please send resume or call Gary Anderson at the Maryland Gymnastics Club, 5630 Randolph Road, Rockville, Maryland 20852 Phone (301)424-8545. Interview to be arranged.

FULL TIME GYMNASTICS DIRECTOR position open for male or female Girls Program, lots through Level 9 Competitive Teams. Teach and develop progressive programs, heavy spotting and coaching of high level competitive teams. Experience needed. Room to develop top gymnastics program and position. Starting salary \$1,000-\$1,200 plus benefits, vacation, retirement. Contact Terry Doster or Tim Midgley, Lakeland YMCA, 3625 Cleveland Highfield Dr., Lakeland FL 33891 (813)644-3328. Send resume with references.

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HEAD COACH/PROGRAM DIRECTOR position available. Experience through Level 10 required. Director experience also helpful. Energetic, reliable, good references a must. Salary commensurate with ability. Live in the beautiful Northwest. Spokane Gymnastics and Dance, B-17712 Montgomery, Spokane, Washington 99206.

GIRLS TEAM COACH-The right person(s) will be a successful girls competitive coach (level 5-10). Our 15,000 sq ft facility is located just 80 miles from Houston and 55 miles from the gulf coast near Galveston Island. The right person must have optional coaching experience as well as advanced floor and beam experience and will be totally responsible for the girls competitive

team along with the developmental levels. Full time position, salary depending on experience. Send resume to BGA, P.O. Box 1645 Gladys St., Beaumont, TX 77706 or phone (409)866-4631.

Palm Beach Sports Academy is expanding again and will need 2 additional coaches. Full Time Program Director for Men's & Ms. preschool program. Full or Part Time Beginner Girls Team Coach. Choreography experience needed. Girls developmental and preschool classes available for full time. Salary commensurate with experience, benefits to include paid vacation, sick pay and medical insurance. Send resume to Palm Beach Sports Academy, 4320 Okeechobee Blvd., Ft. 44-4, West Palm Beach, FL 33494 (407)956-3667

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POSITION AVAILABLE—Established club of over 12 years in Denver, Colorado, has openings for Pre-school instructors and a Dance/Gymnastics Coach. Experience preferred. Salary commensurate with experience. Call Ted at (303)779-4882 or send resume to All Star Gymnastics Academy, 8181 S. Cane Wy., Littleton, CO 80123.

M. Holly, New Jersey Vision Gymnastics and Dance is a new club which emphasizes excellent basics and is looking for a coach to develop higher levels and a competitive team. A full time position is available in September for a coach willing to work with all levels. Our gym is located in rapidly growing Burlington County and is looking to expand our program. Negotiable salaries and an active bonus program are based on experience and related directly to job performance. Please call (609)221-1180 and leave a message, or write to: Vision Gymnastics, 8011 Box 1267A, Eastampton Business Park, Rte. 206, Mt. Holly, NJ 08061-9648

HIGH LEVEL TUMBLERS AND MINI TRAMPOLINISTS NEEDED Argentini, a NYC gymnastics franchise company is looking for male and female gymnasts to good shape to perform worldwide. Knowledge of fitness and dance helpful but not necessary. Send picture and resume to Argentini, 18 W 57th St Apt 3C, NYC 10019

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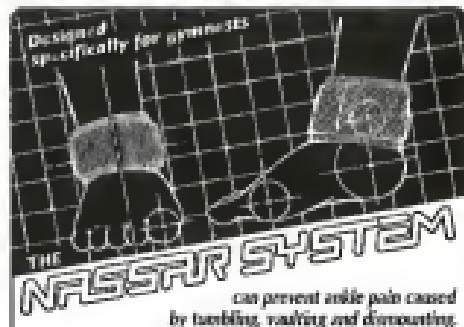


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Kathy Nimmer

Muncie, Indiana

Kathy, 21, has won 7 gold medals in national gymnastics competitions for the blind including the all-around title and 4 individual event wins in 1986. Nimmer turned to these special competitions in 1984 after her sight began to progressively decrease. She's a college senior and a huge fan of gymnastics.



Eloise Chin

Hillsboro, Oregon

Eloise, 11, earned the gold medal in the all-around with a 37.2 in the '90 Oregon State Meet for Level 6. This year she earned four gold medals and a silver on floor at the Level 7 Optional State Meet. Eloise trains at the Gym-Nest. She and her team won the '91 Level 7 Optional State Championships in Coos Bay, Oregon.



Rhonda Sevy

Orlando Park, Florida

Rhonda, 13, is hearing impaired since birth and has been taking rhythmic gymnastics at United Gymnastics Academy in Jacksonville, Fla., for the past year. She earned the gold medal with her optional hoop routine at the '91 Region VIII Championships. She refuses to let her hearing impairment impede her performance.



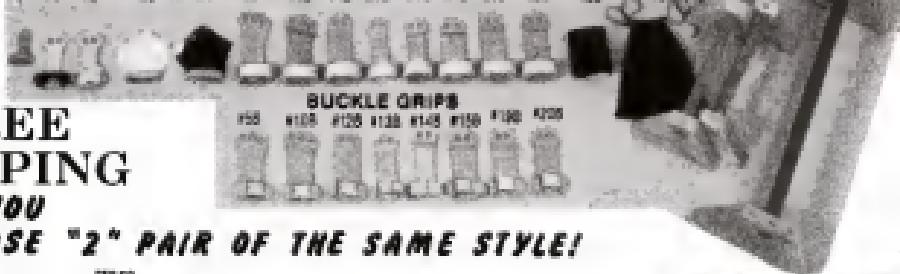
Stephanie Garrett

Charleston, West Virginia

Stephanie, 13, trains at Minnebeck Gymnastics and is coached by Billy Taylor. Stephanie is a two-time State Champion in West Virginia—once as a Level 7 Compulsory and once as a Level 7 Optional. She has been taking gymnastics since she was four years old. Stephanie will be competing Level 8 Optional this fall.

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G Y M



Laura Szczepanski

Lansing, Michigan

Laura, 13, was the '90 JO National Champion in the 12-14 age group. Training at Great Lakes Gymnastics Club in Lansing, Mich., with coach John Goldkert, Laura represented the U.S. in Canada last summer on her first international assignment. Laura placed 10th all-around at the '90 Junior National Championships.



Kate Seche

Ottawa, Canada

Kate, a 14-year-old U.S. gymnast living in Ottawa, Canada while her dad is posted at the American Embassy, recently won the Gord Wilson Memorial Trophy as the top gymnast in her competitive category in Eastern Ontario. Kate's home in Vienna, Virginia, but she began her competitive career while living in La Paz, Bolivia.



Kyle Johnson

Moore, Oklahoma

Sixteen-year-old Kyle Johnson was on the Region 3 team this year. This is his first year as a Class I. He was on the First Team All-Academic Team at Nationals this year. He works out at the Gymnastics Chalet in Norman, Oklahoma and is coached by Ben Fox. Kyle is a junior at Moore High School.

Each issue of USA Gymnastics will feature several individuals who have excelled in gymnastics, either by competition, coaching or some other way. If you, or someone that you know, has achieved an accomplishment in the sport of gymnastics, write two or three sentences about the person and include a recent photograph, quality black and white or color, showing only the candidate (School or class photo would be perfect.)

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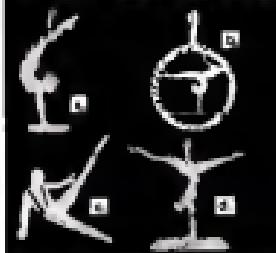
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TALENT "ANNE" CONCENTRATION

BY TIFFANY ROWE

In 1987, Brandy Johnson was the U.S. Junior National Champion with her eyes set on the '88 Olympics. Only one year later, Brandy was the top all-around finisher for the US at the 1988 Olympics in Seoul, South Korea. She vaulted from obscurity and stole America's heart, becoming the "Darling" of gymnastics.

The tables could turn again with another Johnson just around the corner.

Anne Wojnarowski, the 1991 Junior National Champion, made history at the U.S. Championships by being the first American to perform the infamous vault, a Yurchenko layout with one and a half twists.

The New Jersey resident was awarded a 9.73, the highest score of the day on that particular apparatus.

Wojnarowski has been executing the Yurchenko with a full twist for more than a year during her practices at North Stars in New Jersey.

Wojnarowski and Tony Gehman together have set a goal to perfect a Yurchenko with a double twist, a vault only Eastern country gymnasts are known for, by the 1992 Olympics.

"There she will get a perfect '10,'" Gehman said in a determined, better-winch-out-everyone tone of voice.

Wojnarowski is a bubbly, young gymnast with a desire to succeed, by far a naturally competitive individual. When asked how it feels to be a champion, Anne replied with a tinted red face. "It's good! I like all the attention but I am very modest."

Feeling good was Gehman's intention. Wojnarowski, 16, was eligible to compete with the senior women this year, but winning the junior title is part of the grand plan to make the 1992 Olympic Team.

"We were thinking about moving her to the senior division but I didn't want her to be under incredible pres-



Anne Wojnarowski takes a breather after the U.S. Championships.

sure," Gehman said. "I wanted her to know what it felt like to be a champion. The first needs to develop her confidence."

Wojnarowski's secret to becoming champion is simple—concentration. She claims she notices nothing during competition. Wojnarowski's intense concentration has even tuned Gehman out a few times during practice, neglecting to hear his coaching techniques.

During competition, throughout even the U.S. Championships, Anne didn't compare her scores with the other gymnasts. "I just focus on myself," Anne said. "I feel all the competitors are equal."

Anne also enjoys basketball and track, especially sprinting (which is certainly apparent on the vaulting runway!). Her sister Carrie, 11, is involved

in swimming and quite good at it. Anne also has an older brother named David, who is 16.

Anne likes listening to music by the Beatles, as well as Billy Joel and Phil Collins. Her favorite television programs are the *Simpsons* and *Living Color*.

At the banquet at U.S. Championships, Gehman was named the 1991 Coach of the year. He is the first junior coach ever awarded this honor by his peers. Gehman's wife, Paula, is responsible for coaching Anne on the balance beam and deserves recognition as well.

Nothing is going to hold back this spunky gymnast. Don't be surprised if you see her following in Johnson's footsteps at the 1992 Summer Olympics in Barcelona, Spain.

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